

# Believe

拍數: 56      牆數: 2      級數: Intermediate  
編舞者: Eileen Stapleton (UK)  
音樂: Believe - Cher



## LEFT SHUFFLE, RIGHT SHUFFLE, SHIMMIES

1&2      Step forward left, close right beside left, step forward left  
3&4      Step forward right, close left beside right, step forward right  
5-6      Shimmy right shoulder forward, twice  
7-8      Shimmy right shoulder back, twice

## RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, SHIMMY

9&10      Step back right, close left beside right, step back right  
11&12      Step back left, close right beside left, step back left  
13-14      Step back right, shimmy right shoulder back twice  
15-16      Shimmy right shoulder forward twice

## STEPPING RIGHT, SCISSOR STEP, UNWIND

17-18      Step right to right side, step left behind right  
&19-20      Step left over right, and point right  
21-22      Cross right over left, unwind half turn left  
23-24      Cross left over right, unwind half turn right

## STEPPING LEFT, SCISSOR STEP, UNWIND

25-32      Repeat 17-24, going to the left (you will be facing home wall)

## HEEL BOUNCES, PAN HORIZON-RIGHT, REPEAT LEFT

33-36      Right toe forward, bounce right heel three times, with right arm at shoulder height, panning horizon quarter turn right 12:00 to 3:00, with head following direction of hand  
37-40      Repeat 33-36 going to the left

## 2 X REEL SCISSORS (VAUDEVILLE HOPS) JUMP, CROSS, UNWIND

&41      Step back on ball of left, step right foot across left  
&42      Step left to left side, touch right heel diagonally forward to right  
&43      Stop back on ball of right, step left foot across right  
&44      Step right to right side, touch left heel diagonally forward to left  
45      Jump both feet together  
46      Jump both feet apart  
47      Jump cross right over left  
48      Unwind half turn left

## HEEL BOUNCES, PAN HORIZON - RIGHT, REPEAT LEFT

49-52      Right toe forward, bounce right heel three times with right arm at shoulder height, panning horizon quarter turn right 12:00 to 3:00 with head following direction of hand  
53-56      Repeat 49-52 going to the left

## REPEAT