

Being A Star

拍數: 32 牆數: 4 級數: Improver
編舞者: Nancy Morgan (USA)
音樂: Slow - Kylie Minogue



TAP TOE AND TAP TOE AND TAP HEEL AND TAP HEEL AND ROLL HIPS 2 TIMES ¼ TURN

- 1&2& Touch right toe to left instep, step right next to left, touch left toe to right instep, step left next to right
- 3&4& Put right heel forward, put right next to left, put left heel forward, put left next to right
- 5-6 Step forward on right as you roll hips around to the left as you turn 1/8 of a turn to your right
- 7-8 Step forward on right as you roll hips around to the left as you turn 1/8 of a turn to your right

TAP TOE AND TAP TOE AND TAP HEEL AND TAP HEEL AND ROLL HIPS 2 TIMES ¼ TURN

- 1&2& Touch right toe to left instep, step right next to left, touch left toe to right instep, step left next to right
- 3&4& Put right heel forward, put right next to left, put left heel forward, put left next to right
- 5-6 Step forward on right as you roll hips around to the left as you turn 1/8 of a turn to your right (weight is on left)
- 7-8 Step forward on right as you roll hips around to the left as you turn 1/8 of a turn to your right (weight is on left)

SHUFFLE FORWARD TWICE, 2 SAILOR SHUFFLES

- 1&2 Shuffle forward - right, left, right
- 3&4 Shuffle forward - left, right, left
- 5&6 Sailor shuffle - step right behind left, step left to left side, step right foot forward and slightly to right
- 7&8 Sailor shuffle - step left behind right, step right to right side, step left foot forward and slightly to left

TOUCH TO SIDE, TURN ¼ TURN HITCH, COASTER STEP, BOUNCE TWICE, ½ TURN PIVOT

- 1-2 Touch right toe out to right side, turn ¼ turn to right as you bring right knee up (hitch)
- 3&4 Coaster step - step back on right, back on left, step forward on right
- 5-6 Step forward on left as you bounce 2 times
- 7-8 Step right foot forward, turn ½ turn to your left (weight is on left)

REPEAT
