

Behind The Wheel

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數:
編舞者: Bill Macleod (CAN) & Tammy Wyatt (CAN)
音樂: Let It Rain - Shirley Myers



Sequence: When using Let It Rain, repeat section A throughout the dance. When using Keys To My Heart, the sequence is AABACABAA.

SECTION A

HEEL GRINDS & COASTERS

- 1-2 Grind right heel forward, recover weight on left
- 3&4 Step right foot back, step left foot together, step right foot forward
- 5-6 Grind left heel forward, recover weight on right
- 7&8 Step left foot back, step right foot together, step left foot forward

STEP HOLD CLAPS, TRIPLES IN PLACE

- 9-10 Step right foot forward (turning body slightly left), hold & clap
- 11&12 Step left foot beside right, step right in place, step left foot in place
- 13-14 Step right foot back (turning body slightly right), hold & clap
- 15&16 Step left foot back beside right, step right in place, step left foot in place

MONTEREY TURNS

- 17-20 Touch right toes to right side, step right foot together pivoting ½ right on left foot, touch left toes to left side, touch left together
- 21-24 Repeat above 1-4

STEP OUT TO SIDE WITH CLAPS (BENDING KNEES AND BOUNCING BODY FOR STYLE)

- 25-28 Step right foot out to right side, hold, step right foot beside left, hold & clap
- 29-32 Step left foot out to left side, hold, step left foot beside right, hold & clap

HEEL POPS AND BUMPS

- 33& Touch right heel forward, bring right foot home
- 34& Touch left heel forward, bring left foot home
- 35-36 Touch right heel forward, hold & clap
- 37-40 Bump hip right 2x, bump hips left 2x

ROLL HIPS COUNTERCLOCKWISE, RIGHT SHUFFLE FORWARD, PIVOT TURN RIGHT

- 41-44 Roll hips counterclockwise 2x
- 45&46 Step right foot forward, step left foot together, step right foot forward
- 47-48 Step left foot forward, pivot ½ turn right (weight ends on right foot)

LEFT TURNING SHUFFLE, RIGHT ROCK & RECOVER, LEFT ¼ TURN, TOUCH

- 49&50 Step forward left turning ½ turn right, step right beside left, step left beside right
- 51-52 Step right foot back and rock back, recover weight on left
- 53-54 Step right foot forward, turn ¼ turn left on the balls of both feet (weight on left foot)
- 55-56 Step right foot beside left, touch left foot beside right

REVERSE TURN BACKWARDS, RIGHT SHUFFLE, LEFT STOMP, HOLD & CLAP

- 57-60 Tuck left foot behind right, hold, 2-count unwind 360 degree turn left (weight ends up on left)
- 61&62 Step right foot forward, step left foot together, step right foot forward
- 63-64 Stomp left foot beside right, hold & clap

For anyone who does not want to do the reverse turn in counts 57-64, you can substitute 2 bumps right & 2

bumps left, or roll your hips 2 times counterclockwise, then carry on with the last 4 steps as above. (right shuffle forward, stomp left foot, hold & clap)

SECTION B

Same as last 4 counts in dance

SECTION C

Same as first 32 counts in dance
