

# Beginners Now Is The Time

**COPPER** **NOB**  
BY STEPHEN HETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Scottish Jan (UK)  
音樂: Now Is The Time - Jimmy James



## ROCK, RECOVER, TRIPLE STEP IN PLACE TWICE

1-2            Rock forward on to right foot, recover weight back on to left foot in place  
3&4           Triple step in place stepping right, left right (alternative - right coaster step)  
5-6            Rock forward on to left foot, recover weight back on to right foot in place  
7&8            Triple step in place stepping left, right, left (alternative - left coaster step)

## SIDE BEHIND, CHASSE ¼ TURN RIGHT, ½ PIVOT TURN RIGHT, SHUFFLE FORWARD

9-10           Step right foot to the side, cross step left foot behind right foot  
1&12          Chasse right making ¼ turn to the right  
13-14          Step left foot forward, pivot ½ turn right  
15&16          Shuffle forward stepping left, right, left

## WALK, WALK, SHUFFLE FORWARD, ROCK RECOVER, TRIPLE STEP IN PLACE

17-18          Walk forward right, left  
19&20          Shuffle forward stepping right left right  
21-22          Rock forward on left foot, recover weight back on to right foot in place  
23&24          Triple step in place stepping left, right, left (alternative - left coaster step)

## KICK, KICK, TRIPLE STEP IN PLACE, KICK, KICK, ¼ TURN LEFT TRIPLE STEP

25-26          Kick right foot forward, kick right foot to the right side  
27&28          Triple step in place stepping right, left right (alternative - right sailor step)  
29-30          Kick left foot forward, kick left foot to the left side  
31&32          Make ¼ turn left stepping left right left in place (alternative - left sailor making ¼ turn left)

## REPEAT

See intermediate dance by same choreographer "Now Is The Time."

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