

Beginner Bop

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Susan Beaumont (UK)
音樂: Do You Love Me - The Contours



SWIVEL RIGHT CLAP, SWIVEL LEFT CLAP

1-2 Swivel both heels right, swivel both toes right
3-4 Swivel both heels right, hold clapping hands
5-6 Swivel both heels left, swivel both toes left
7-8 Swivel both heels left hold clapping hands

HIP BUMPS WITH HEAD TURNS SHIMMY DOWN AND UP

1-2 Bump hips right twice turning head to face right
3-4 Bump hips left twice turning head to face left
5-6 Turn had to face the front and shimmy shoulders forward
7-8 Shimmy shoulders back

VINE TO THE RIGHT, VINE TO LEFT WITH ¼ TURN LEFT

1-2 Step right to right side, step left behind right
3-4 Step right to right side, touch left by right
5-6 Step left to left side, step right behind left
7-8 Turn ¼ left stepping left touch right beside left

JUMPS WITH CLAPS

&1-2 Jump forward right left, clap
&3-4 Jump forward right left, clap
&5-6 Jump forward right left, clap
&7-8 Jump forward right left, clap

REPEAT
