

# Before They Cheat

**COPPER** **KNOB**  
BY STEPHEN HOLT

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Steve Rutter (UK) & Glynn Holt (UK)  
音樂: Before He Cheats - Carrie Underwood



## COASTER CROSS, ROCK & CROSS, BALL-CROSS, UNWIND ¾ TURN RIGHT, KICK-OUT-OUT

1&2      Step back on right, close left beside right, cross right over left  
3&4      Rock left to left side, recover onto right, cross left over right  
&      Step right to right side  
5-6      Cross left over right, unwind a three-¼ turn right  
7&8      Kick right forward, step right to right side, step left to left side

## SUGARFOOT STEPS TWICE, LOCK STEP BACK, COASTER STEP

9&10      Touch right toe to left instep, touch right heel to left instep, stomp right forward  
11&12      Touch left toe to left instep, touch left heel to left instep, stomp left forward  
13&14      Step back on right, lock left in front of right, step back on right  
15&16      Step back on left, close right beside left, step forward on left

## HIP BUMPS COMPLETING FULL TURN LEFT

17&18      Making a ¼ turn left step right to right side bumping hips right, bump hips left, bump hips right  
19&20      Making a ¼ turn left step left to left side bumping hips left, bump hips right, bump hips left  
21&22      Making a ¼ turn left step right to right side bumping hips right, bump hips left, bump hips right  
23&24      Making a ¼ turn left step left to left side bumping hips left, bump hips right, bump hips left

## CROSS ROCK, SIDE STEP, BACK ROCK, ½ TURN RIGHT, BACK ROCK, ½ TURN LEFT, ¼ TURN LEFT, SIDE STEP. CROSS, SIDE STEP

25&26      Cross rock right over left, recover weight onto left, make a big step to right stepping right to right side  
27&28      Rock back on left, recover weight onto right, make a ½ turn right stepping back on left  
29&30      Rock back on right, recover weight onto left, make a ½ turn left stepping back on right  
31&32      Make a ¼ turn left stepping left to left side, cross right over left, step left to left side

## REPEAT

## TAG

To be applied at the end of wall 2, facing 12:00

1-2      Cross right over left, unwind full turn left (weight ending on right)  
3-4      Step left big step to left side, drug right up to left (no weight)

Begin again