

Before Kings

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kathy Hunyadi (USA)
音樂: Before Kings - Geoff Byrd



SIDE, TOGETHER, CROSS (SCISSORS STEP) TWICE, SYNCOPATED WEAVE, FORWARD ROCK ¼ TURN LEFT

1&2 Step right to right side, step left next to right, step right forward and across left
3&4 Step left to left side, step right next to left, step left forward and across right
5&6 Step right to side, cross left behind right, step right to side
7&8 Rock left forward and across right, step right in place and turn ¼ left, step left forward (facing 9:00)

MAMBO ROCKS FORWARD & BACK, ROCK ½ TURN, FULL RIGHT TURNING TRIPLE

1&2 Rock forward on right, step left in place, step right slightly back
3&4 Rock back on left, step right in place, step left slightly forward
5&6 Rock forward on right, step left in place and turn ½ to right stepping forward on right (facing 3:00)
7&8 Turn ½ right stepping back on left, turn ½ right stepping forward on right, step left together with right (again facing 3:00)

BACK ROCK, SYNCOPATED JAZZ TURN, CROSS ROCK, SAILOR STEP TURNING ½ LEFT

1&2 Rock ball of right foot behind left, step left in place, step right to side
3&4 Cross step left over right, turn ¼ left while stepping back on right, step left to side
5&6 Rock right foot forward and across left foot, step left foot in place, step right foot to side
7&8 Cross left behind right turning ½ left, step right to side, step left in place (facing 6:00)

STEP LOCK STEP, FULL CHASE TURN, MAMBO ROCK BACK, STEP ¼ TURN CROSS

1&2 Step forward on right, slide left behind right, step right forward
3&4 Step forward on left, turn full turn right on ball of right, step back on left
5&6 Rock back on right, step left in place, step right forward
7&8 Step forward on left, turn ¼ right stepping right in place, cross left over right (facing 9:00)

REPEAT

TAG

After 3rd wall is completed. You will be facing 3:00

1&2 Rock side right on right, step left in place, step right together with left
3&4 Rock side left on left, step right in place, step left together with right
5&6 Rock forward on right, step left in place, step right together with left
7&8 Rock back on left, step right in place, step left together with right

RESTART

On 7th wall, after syncopated jazz turn (counts 17-20), restart the dance from beginning. You should be facing 6:00
