

Before I Met You

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK)
音樂: I Knew I Loved You - Savage Garden



STEP, LOCK & ROCK STEP, FULL TURN, STEP, BEHIND & CROSS

- 1-2& Step forward on left, lock right behind left, step forward on left
3-4 Rock forward on right, recover on left
&5-6 Make ½ turn to right stepping forward on right, ½ turn to right stepping back on left, step back on right
7&8 Step left behind right, step right to right side, cross step left over right

& SWAY, SWAY, SAILOR STEP, BEHIND TURN STEP, STEP 1 & ¼ TURN

- &1-2 Step right to right side, step left to left side as you push left hip to left, step right to right side as you push right hip to right
3&4 Step left behind right, step right to right side, step left to left side
5&6 Step right behind left, make ¼ turn left stepping forward on left, step forward on right
7&8& Step forward on left, pivot ½ turn to right, ½ turn to right stepping back on left, ¼ turn to right stepping right to right side

CROSS, SIDE, ROCK & SIDE, ROCK & ¼ TURN, ROCK & HITCH, BACK

- 1-2 Cross step left over right, step right to right side
3&4 Cross rock left behind right, recover on right, step left to left side
5&6 Cross rock right behind left, recover on left, make ¼ turn right stepping forward on right
7&8& Rock forward on left, recover on right, hitch left knee slightly, step back on left

CROSS, UNWIND ¾, ROCK & SIDE, ROCK STEP, ¾ TURN & STEP, LOCK

- 1-2 Lock right over left, unwind ¾ turn to left, (weight ends on right)
3&4 Cross rock left behind right, recover on right, step left to left side
5-6 Cross rock right behind left, recover on left
7&8& Make ¼ turn to left stepping back on right, ½ turn to left stepping forward on left, step forward on right, lock left behind right

STEP, PRESS, KICK, COASTER STEP, ¼ BUMP, STEP, ¼ CHASSE

- 1-3 Step forward on right, press forward on left bending knee, recover on right as you kick left forward
4&5 Step back on left, step right next to left, step forward on left
6-7 Make ¼ turn to left stepping right to right side as you bump right hip to right, step left to left side
8&1 Making ¼ turn to left step right to right side, step left next to right, step right to right side

CROSS ROCK, ROLL FULL TURN, STEP PIVOT ½, KICK &

- 2-3 Cross rock left over right, recover on right
4&5 Make ¼ turn left stepping forward on left, ½ turn left stepping back on right, ¼ turn left stepping left to left side
6-7 Step forward on right, pivot ½ turn to left
8& Kick right forward, step forward on right

REPEAT

TAG

At end of wall 4

