

# Before He Cheats

拍數: 32      牆數: 1      級數: Improver  
編舞者: Sean Miller  
音樂: Before He Cheats - Carrie Underwood



## HEEL DIGS AND POINTS

1&2&      Right heel dig, close right to left, left heel dig, close left to right  
3&4&      ¼ turn right heel dig, close right to left, point left toes to side, close left to right  
5-6&      Point right toes to side, hold for one beat, close right to left  
7&8&      Point left toes to side, close left to right, point right toes to side, snap fingers pointing them to side

## STEP, LOCK, LOCK STEP, STEP, LOCK, LOCK STEP

1-2      Step forward right, lock left behind right  
3&4      Right lock step forward  
5-6      Step forward left, lock right behind left  
7&8      Left lock step forward

## ROCK, HALF SHUFFLE, ROCK, HALF SHUFFLE

1-2      Rock forward right, recover on left  
3&4      Half turn shuffle over right shoulder  
5-6      Rock forward left, recover on right  
7&8      Half turn shuffle over left shoulder

## ROCKING TURN, WEAVE, ROCK, WEAVE

1-2      Rock out to side on right making ¼ turn left, recover on left  
3&4      Step right behind, step left to side, step right across  
5-6      Rock left to side, recover on right  
7&8      Step left behind, step right to side, step left across

## REPEAT

## TAG

After wall 2

## MAKING 1 FULL TURN WITH FOUR PADDLE TURNS:

1&      Rock forward right making ¼ turn left, recover on left  
2&      Rock forward right making ¼ turn left, recover on left  
3&      Rock forward right making ¼ turn left, recover on left  
4&      Rock forward right making ¼ turn left, recover on left