

Beer Run

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Jade Doull
音樂: Beer Run - Garth Brooks & George Jones



The choreographer was age 13 when this dance was written

TOUCH TURN, KICK BALL CHANGE, BACK SHUFFLE 2 X

1-2 Touch left toe back, make ½ reverse pivot left (weight ends on left)
3&4 Kick right foot forward, step right beside left, step left forward
5&6 Step back right, step left beside right, step back right
7&8 Step back left, step right beside left, step back left

SKATE SKATE, ROCK FORWARD BACK, BUMP HIPS

1-2 Skate forward right, skate forward left
3-4 Rock forward on right, back on left
5-6 Bump right hip to right side, bump left hip to left side
7-8 Bump right hip to right side, bump left hip to left side

½ TURN, ¼ TURN DWIGHT TO RIGHT

1-2 Step forward right make ½ pivot turn left
3-4 Step forward right make ¼ pivot turn left
5-6 Touch right toe beside left, (knee turned in) turning toes to right touch right heel to right side
7-8 Turning both heels right, touch right toe beside left (knee turned in) turning toes to right touch right heel to right side

SLIDE RIGHT, SLIDE LEFT ELVIS KNEES 4 X

1-2 Push off left taking big step to right side, slide left foot towards right
3-4 Push off right taking big step to left side, slide right foot towards left
5-6 Push right knee in towards your left knee, push left knee in towards right knee
7-8 Push right knee in towards your left knee, push left knee in towards right knee

RIGHT SAILOR STEP, LEFT SAILOR STEP, DWIGHT SWIVELS

1&2 Cross right behind left, step left to left side, step right to right side
3&4 Cross left behind right, step right to right side, step left to left side
5-6 Swivel right heel in, swivel left heel in
7-8 Swivel right heel in, swivel left heel in

TOUCH TURN, DOWN UP, ¼ TURN JAZZ BOX

1-2 Touch right toe back, make ½ reverse pivot right (weight ends on right)
3-4 Bend knees down then back to normal
5-6 Cross left over right, step back on right
7-8 Make ¼ turn left, step left foot forward, step right beside left

½ MONTEREY TURN RIGHT, ¼ MONTEREY TURN RIGHT

1-2 Point right toe to right side, make a ½ Monterey turn right
3-4 Point left toe to left side, touch left toe beside right
5-6 Point right toe to right side, make a ¼ turn right
7-8 Point left toe to left side, touch left toe beside right

RIGHT SHUFFLE, LEFT SHUFFLE, 2X POINTS RIGHT

1&2 Step forward right, step left beside right, step forward right

3&4 Step forward left, step right beside left, step forward left
5-6 Point right toe to right side, touch right toe beside left
7-8 Point right toe to right side, touch right toe beside left

REPEAT

TAG

The first time you do the dance do all 64 counts, the music will sound a little funny but it fits in. When you do it the 2nd, 3rd & 4th time just do the first 60 counts, but when you start the dance again put a little jump into it & add an "&" step

On the 5th wall do the first set of 8 then do a jazz box turning right (cross right foot in front of left, step back on left & make a $\frac{1}{4}$ turn right stepping forward on right then touch left beside right), step right to right side & shake your shoulders (shimmy), then point your right toe to right side then touch it beside left. Then start the dance again.
