

Been There

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
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音樂: Been There - Clint Black & Steve Wariner



RIGHT-KICK-BALL CROSS, STEP/SLIDE, KNEE ROCKS, LEFT-KICK-BALL CHANGE

- 1 Kick right foot forward
- & Step right foot next to left
- 2 Step left foot across front of right
- 3 Step right foot to right side
- 4 Slide left foot next to right
- 5&6 Rock knees forward and back right-left-right
- 7 Kick left foot forward
- & Bring left back next to right (weight on ball)
- 8 Step right next to left for weight change

LEFT-KICK-BALL CROSS, STEP/SLIDE, KNEE ROCKS, RIGHT LOCKING TRIPLE

- 9 Kick left foot forward
- & Step left foot next to right
- 10 Step right foot across front of left
- 11 Step left foot to left side
- 12 Slide right foot next to left
- 13&14 Rock knees forward and back right-left-right
- 15 Step forward on right foot
- & Left lock step behind right
- 16 Step forward on right

RIGHT PIVOT, LEFT-LOCKING TRIPLE, ½ MONTEREY, ½ MONTEREY

- 17 Step forward on left foot
- 18 Pivot ½ turn to right
- 19 Step forward on left foot
- & Right lock step behind left
- 20 Step forward on left foot
- 21 Touch right toe to right side
- 22 Pivot backwards ½ turn on left ball
- 23 Touch left toe to left side
- 24 Pivot backward ½ turn on right ball, shifting weight to left foot

MODIFIED ROGER RABBIT, STEP TOUCH, ¼ TURN-STEP TOUCH

- & On balls of both feet, twist both heels out
- 25 Step back right foot, twisting left and right heels to center
- & On balls of both feet, twist both heels out
- 26 Step back left foot, twisting right and left heels to center
- & On balls of both feet, twist both heels out
- 27 Step back right foot, twisting left and right heels to center
- & On balls of both feet, twist both heels out
- 28 Step back left foot, twisting right and left heels to center
- 29 Step right foot to right side
- 30 Touch left toe to right instep (clap)
- 31 Turning ¼ turn to right, step left foot to left side
- 32 Touch right toe to left instep (clap)

REPEAT
