

Been Missing You

COPPER KNOB
STEPPERS

拍數: 70 牆數: 4 級數: Intermediate
編舞者: Mick Storey (UK)
音樂: Missing You - Chris de Burgh



CHASSE RIGHT, CROSS ROCK, CHASSE LEFT, CROSS ROCK

1&2 Step right to right side, close left beside right, step right to right side
3-4 Cross left over right, recover weight on right
5&6 Step left to left side, close right beside left, step left to left side
7-8 Cross right over left, recover weight on left

RIGHT SAILOR STEP, ROCK STEP, TRIPLE STEP ½ TURN LEFT, FULL TURN LEFT

1&2 Cross right behind left, step left to left side, step right to right side
3-4 Rock forward left, rock back right
5&6 Make ½ turn left stepping left right left
7-8 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left

ROCK STEP, HEELBALL CROSS, SIDE ROCK, CROSS SHUFFLE

1-2 Rock forward right, rock back on left
3&4 Touch right heel forward, step right in place, cross left over
5-6 Side rock onto right, recover on left
7&8 Cross right over left, step left with left, cross right over left

¼ TURN RIGHT, FORWARD SHUFFLE, 2 RIGHT KICKBALL CHANGES

1-2 Make ¼ turn right stepping back on left, make ½ turn right stepping forward on right
3&4 Step forward left, close right, step forward left
5&6 Kick right forward, step right in place, step left alongside
7&8 Kick right forward, step right in place, step left alongside

SIDE ROCK, CROSS SHUFFLE, FULL TURN, CHASSE LEFT

1-2 Side rock onto right, recover on left
3&4 Cross right over left, step left with left, cross right over left
5-6 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
7&8 Step left with left, close right, step left with left

RIGHT AND LEFT BACK ROCK SIDES, RIGHT COASTER STEP

1-2 Rock back onto right, recover on left
3-4 Side rock onto right, rock back on left
5-6 Recover forward on right, step left with left
7&8 Step back right, step back left, step forward right

ROCK STEP, LEFT AND RIGHT BACK LOCK STEPS, BACK ROCK

1-2 Rock forward onto left, recover back on right
3&4 Step back on left, lock right, step back on left
5&6 Step back on right, lock left, step back on right
7-8 Rock back onto left, recover forward onto right

LEFT FORWARD SHUFFLE, 2 PIVOT TURNS LEFT, 2 SKATE STEPS

1&2 Step forward left, close right, step forward left
3-4 Step forward right, make ½ turn left
5-6 Step forward right, make ½ turn left

7-8 Skate forward right, skate forward left

RIGHT FORWARD SHUFFLE, 2 SKATE STEPS, LEFT FORWARD SHUFFLE

1&2 Step forward right, close left, step forward right

3-4 Skate forward left, skate forward right

5&6 Step forward left, close right, step forward left

REPEAT
