

Because We Can Can

拍數: 64 牆數: 4 級數: Advanced
編舞者: Danny Richards (AUS)
音樂: Because We Can - Fatboy Slim



CAN CAN KICKS & BALL CHANGE

- 1 Hitch right knee slightly across left
- 2 Touch right toe diagonally back
- 3 Kick right leg slightly across left
- 4 Stomp right together
- 5 Hitch left knee slightly across right
- 6 Touch left toe diagonally back
- 7 Kick left leg slightly across right
- &8 Step left together, step right forward

½ PIVOT, SHUFFLE, STOMP, ROTATE(OR PADDLE),JUMP/KICK

- 1-2&3 Pivot ½ turn left, (weight on left) shuffle forward right
- 4 Stomp left forward
- 5-6-7 Turn ½ left using your hips for rotation while pivoting on your left foot while your right knee is hitched

A variation to this is to paddle around to complete the turn

- 8 Jump back on right while at the same time kicking left forward

SHIMMY WALKS, FORWARD CONGA, CLAP & CLAP

- 1-2-3-4 Walk forward left-right-left-right while shimmying shoulders
- 5 Step left back into ½ turn forward
- 6 Step right foot forward into ½ turn right
- 7&8 Stomp left foot forward, clap hands twice

DOROTHY, ¼ TURN/HITCH, STOMP, KICKS, STOMP, SWIVEL

- 1-2& Step right diagonally forward, slide left behind right, jump right next to left
- 3&4 Step left forward, pivot ¼ turn right while hitching right knee, stomp right
- 5& Kick left forward, step left together
- 6& Kick right forward, step right together
- 7&8 Stomp left foot forward, swivel heels left, swivel heels right

SIDE SHUFFLES AND ROCK STEPS

- 1&2-3-4 Shuffle to the right(right-left-right) rock back on left, rock forward on right
- 5&6-7-8 Shuffle to the left(left-right-left) rock back on right, rock forward on left

¾ TURN, SHUFFLE, STOMP, STOMP, HIP BUMPS

- 1-2 Step right into ¾ turn left, step left forward into ½ turn right
- 3&4 Shuffle forward right-left-right
- 5-6-7&8 Stomp left to left, stomp right to right, bump hips left-right-left

JUMP, KICK SAILOR SHUFFLE, JUMP, KICK, SAILOR SHUFFLE

- 1-2 Jump feet together, jump right to right while kicking left to left side
- 3&4 Step left behind right, step right to right side, step left to left (sailor)
- 5-6 Jump feet together, jump left to left while kicking right to right side
- 7&8 Step right behind left, step left to left side, step right to right (sailor)

SAILOR SHUFFLES, KICK TOGETHER TWICE, ACROSS, ¾ UNWIND

1&2-3&4 Left sailor shuffle, right sailor shuffle
5&6& Kick left forward, step together, kick right forward, step right together
7&8 Cross left over right, unwind $\frac{3}{4}$ turn right (end with weight on left)

REPEAT
