

Because Of You!

COPPER KNOB
BY STEPSHEETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Bree Sarkies
音樂: Because You Live - Jesse McCartney



Sequence: AB AB, B(1-16), B to the end

PART A

ROCK REPLACE, CROSS BEHIND & SIDE, CROSS ROCK FORWARD BACK, 1 ½ TURN RIGHT

- 1-2&3-4 Rock right to right, replace to left, cross right behind left, step left to left, cross rock right over left (45 degrees)
5-6-7-8 Replace weight to left, 1 ½ (approx) turn right stepping right, left, right (3:00)

HALF BACK & COASTER, & ROCK REPLACE, BACK CROSS UNWIND, STEP HALF PENCIL TURN, WALKS

- 1&2&3-4 Step left forward while turning ½ turn right (weight left), step right together, step left forward (coaster step), bring right together, rock left forward, replace weight onto right (9:00)
&5-6-7-8 Step left back, cross right over left and unwind ½ turn left, step left forward, half pencil turn left on left, step right forward, step left forward (9:00)

MAMBOS, ROCK REPLACE, REVERSE ¾ PIVOT, KNEE POPS

- 1&2-3&4 Rock right forward at 45 degrees right, replace weight onto left, step right beside left, rock left back at 45 degrees left, replace weight onto right, step left beside right
5&6-7&8 Rock right to right, rock left to left, pivot ¾ on left over right shoulder, step right down, step left to left while popping right knee, pop left knee, pop right knee (6:00)

CROSS/STEP, ROCK REPLACE, CROSS/STEP, 2 X ¼ TURNS, ROCK REPLACE, LOCK BACK

- 1-2&3&4 Cross/step right over left, rock left to left, replace weight to right, cross/step left over right, ¼ turn left stepping right back, ¼ turn left stepping left to left (12:00)
5-6-7-8 Rock right forward, replace weight, step right back, cross left over right

LOCK BACK, HALF TURN STEP, COASTER STEP

- &1-2&3&4 Step right back, step left back, cross right over left, step left back, step right forward, pivot left ½ turn, step right forward (weight on right) (6:00)
5&6-7-8 Step left back, step right beside left, step left forward, rock right to right, replace weight to left

¼ SWEEP, STEP FEET OUT TO SIDE, CROSS UNWIND, STEP TOUCH FORWARD, STEP TOUCH BACK (CLICKS)

- 1-2&3&4 Cross/step right over left, sweep left around in front of right into a ¼ turn right (weight on left) (9:00), step right to right, step left to left, bring right to center, cross left behind right
5-6-7-8 Slow unwind, step right forward, touch left beside right and click right fingers

STEP BACK AND CLICK

- 1-2 Step left back, touch right beside left and click right fingers

PART B

STEP FORWARD, ROCK & CROSS, PENCIL TURN, SIDE ROCK, TOE TURN

- 1-2&3-4 Step right forward, rock left to left, replace weight onto right, cross left over right, step right to right into full turn pencil turn on right (via left shoulder) (12:00)
5-6&7-8 Rock left to left, replace weight onto right, step left to center, touch right toe back, unwind ½ turn (via right shoulder) (6:00)

HOOK, STEP BACK, HOOK, STEP FORWARD, & STEP QUARTER, & STEP HALF, HALF SHUFFLE

- &1&2&3-4 Hook left behind right, step back left, hook right in front left, step right forward, step left beside right, step right forward, turn $\frac{1}{4}$ left (3:00)
- &5-6-7&8 Step right forward, step left forward, pivot $\frac{1}{2}$ turn right, shuffle left, right, left while doing $\frac{1}{2}$ turn right (3:00)

HEEL JACK, SCUFF, CROSS $\frac{3}{4}$ UNWIND, LEFT SAILOR, SIDE STEP & DRAG

- &1&2-3-4 Step right back, place left heel forward, step left beside right, scuff right, cross right over left, unwind $\frac{3}{4}$ via left shoulder (6:00)
- 5&6&7-8 Cross left behind right, step right to right, step left to left, step right beside left, step left to left, drag right to left

KICK & CROSS, ROCK REPLACE, 1 $\frac{3}{4}$ REVERSE TURN, HIPS

- 1&2-3-4 Kick right forward, replace, cross left over right, rock right to right, replace weight to left
- 5&6-7&8 Reverse turn 1 $\frac{3}{4}$ via right shoulder (right, left, right) (3:00), bump hips left, right, left (weight on left)
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