Bebbo's Bubble

拍數: 48

級數: Intermediate

編舞者: Adrian Churm (UK)

音樂: Bubblin' (Single Version) (feat. L.A.D.É.) - Blue

WALK LEFT RIGHT, KICK CROSS BACK, COASTER STEP, AND LOCK STEP FORWARD

- 1-2 Walk forward right, left
- 3&4 Kick right foot forward, cross right in front of left, step left foot back
- 5&6 Step right foot back, close left next to right, step right foot forward
- 7&8 Step left foot forward, lock right behind left, step left foot forward

ROCK HALF TURN, PIVOT HALF TURN, SIDE BEHIND & CROSS IN FRONT, STEP BACK, CLOSE

- 1&2 Rock right over left, rock back onto left, ½ turn right step right foot forward
- 3-4 Step left foot forward, make a ¹/₂ turn right (weight ends on right foot)
- 5-6& Make 1/8 turn right (facing diagonally right) step left foot to the side, step ball of right foot behind left & cross left over right
- 7-8 Make 1/8 turn left (facing center) step right foot back, close left to right (12:00)

WALK RIGHT LEFT, STEP TWIST, TWIST, QUARTER TURN HEEL BOUNCES, ROCK & SIDE

- 1-2 Walk forward right, left
- 3&4 Step right foot forward, twist both heels to right then back to center
- 5&6 Three heel bounce turning ¼ to the left (lift heels up & down 3 times)
- 7&8 Step left behind right, rock forward onto right, step left to the left side (9:00)

WEAVE RIGHT, SCISSOR STEPS, HEEL RAISES

- 1&2 Step right foot behind left, step left to the side, step right in front of left
- 3&4 Step left foot to the side, step right next to left, step left in front of right
- 5&6 Step right foot to the side, step left next to right, step right in front of left
- 7-8 Raise and lower heels twice allowing knees to bend (weight ends on left) (9:00)

COASTER STEP, THREE STEP TURN RIGHT, POINTS, WEAVE LEFT

- 1&2 Step right foot back, close left next to right, step right foot forward
- 3&4 Make a ¹/₂ turn right stepping left, right, left
- 5-6 Point right foot across left, point right foot to right diagonal
- 7&8 Step right behind left, step left to the side, cross right foot in front of left (3:00)

POINTS, SWEEP, COASTER STEP

- 1-2 Point left foot across right, point left foot to left diagonal
- 3&4 Step left behind left, step right to the side, cross left foot in front of right
- 5-6 Sweep right foot around to end in front of left (weight ends on right foot)
- 7&8 Step left foot back, close right next to left, step left foot forward (3:00)

REPEAT





牆數:4