

# Beautiful Life

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Sue Green (UK)  
音樂: Beautiful Life - Ace of Base



## TURNING VINE TO RIGHT, APPLE JACK

1-2      Step right foot  $\frac{1}{4}$  turn to right,  $\frac{1}{2}$  turn to right stepping left foot back  
3      Continue turning  $\frac{1}{4}$  turn to right stepping right foot to side  
4      Stomp left foot next to right  
&      Keeping weight on left heel and right toes swivel left toes out and right heel in  
5      Swivel left toes and right heel back to center  
&      Transferring weight to right heel & left toes swivel right toes out & left heel in  
6      Swivel right toes and left heel back to center  
&7&8      Repeat steps &5&6

## TURNING VINE TO LEFT, APPLE JACK

9-10      Step left foot  $\frac{1}{4}$  turn to left,  $\frac{1}{2}$  turn to left stepping right foot back  
11      Continue turning  $\frac{1}{4}$  turn to left stepping left foot to side  
12      Stomp right foot next to left  
&      Keeping weight on left heel and right toes swivel left toes out and right heel in  
13      Swivel left toes and right heel back to center  
&      Transferring weight to right heel & left toes swivel right toes out & left heel in  
14      Swivel right toes and left heel back to center  
&15&16      Repeat steps &13&14

## VAUDEVILLE STEPS TO RIGHT & LEFT

17-18      Step right foot to side, cross behind with left foot  
&19      Step right foot to side, left heel diagonally forward  
&20      Step left foot down, cross right foot over left foot  
21-22      Step left foot to side, cross behind with right foot  
&23      Step left foot to side, right heel diagonally forward  
&24      Step right foot down, cross left foot over right foot

## $\frac{1}{4}$ TURN TRIPLE, LOCK STEP FORWARD, STEP BACK, RONDE TURN, BODY ROLL

25&26      Step right foot to side, step left foot to right, right foot to side turning  $\frac{1}{4}$  to right  
27&28      Step forward on left, lock right foot behind left, step forward on left  
29-30      Step back on right. Keeping left toe on ground sweep left foot round in semi-circle to back of right foot  
31-32       $\frac{1}{2}$  turn left with a body roll to transfer weight to left foot

## JAZZ BOX WITH CROSS OVER, TRIPLE STEP, COASTER STEP

33-34      Cross right over left, step back on left  
35-36      Step side on right, cross left over right  
37&38      Step back on right, step left to right, step back on right  
39&40      Step back on left, step right to left, step forward on left

## STEP $\frac{1}{2}$ PIVOT, BODY ROLL, DWIGHT STEPS TO RIGHT

41-42      Step forward on right,  $\frac{1}{2}$  pivot over left shoulder  
43-44      Bend knees and roll body upwards transferring weight onto left  
45      With weight on left toe swivel heel to right, touching right toe down  
46      Transfer weight to left heel & swivel toes to right touching right heel down

47-48 Repeat steps 45 & 46

**KICK, POINT, CROSS, TURN, SCISSORS**

49-50 Kick right foot forward, touch right toe back  
51-52 Cross right foot over left, ½ turn to left uncrossing feet  
&53 Step down on right, left heel dig diagonally forward  
&54 Step down on left, cross right over left  
&55 Step back slightly on left, right heel dig diagonally forward  
&56 Step down on right, cross left over right

**JUMP CROSS, ½ TURN, CLAP TWICE**

57-58 Jump feet shoulder width apart, jump crossing right foot over left  
59-60 ½ turn over left shoulder to unwind feet, clap hands  
61-62 Jump feet shoulder width apart, jump crossing left foot over right  
63-64 ½ turn over right shoulder to unwind feet, clap hands

**REPEAT**

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