

Beautiful Lady

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Judith Campbell (NZ)
音樂: Beautiful Lady - Marie Haslemore



SIDE ROCK RECOVER, CROSS BEHIND, TOE HEEL: (TWICE)

- 1-4 Side rock to right, recover onto left, cross right behind left with a toe heel strut
5-8 Side rock to left, recover onto right, cross left behind right with a toe heel strut

ROCK BACK /FORWARD, SHUFFLE FORWARD, TOE HEEL STRUT FORWARD, SHUFFLE FORWARD:

- 1-2 Rock back on right, rock forward onto left
3&4 Shuffle forward on right
5-6 Toe heel strut forward on left
7&8 Shuffle forward on right

SIDE ROCK RECOVER, CROSS OVER, WITH TOE HEEL STRUT: (TWICE)

- 1-4 Side rock to left, recover onto right, cross left over in front of right with a toe heel strut
5-8 Side rock to right, recover onto left, cross right over in front of left with a toe heel strut

¼ TURN RIGHT, STEP BACK, HEEL, TOGETHER, STEP FORWARD, SIDE STRUTS:

- 1-4 Turning ¼ right, step back on left, place right heel forward, bring right foot in next to left, step left forward
5-8 Step right on toe to right, lower right heel, step left across right on toe, lower left heel, (side struts)

SIDE ROCK RECOVER, CROSS, HOLD, ½ PIVOT, SHUFFLE FORWARD: (TWICE)

- 1-4 Side rock to right, recover onto left, cross right over in front of left, hold
5-6 Step forward on left, ½ pivot to right
7&8 Shuffle forward on left (left-right-left)
1-4 Side rock to right, recover onto left, cross right over left, hold
5-6 Step forward on left, ½ pivot to right
7&8 Shuffle forward on left (left-right-left)

FULL ROLL TO RIGHT & LEFT

- 1-2 Turning ¼ to right, step forward on right foot, turning ½ to right, stepping back on left
3-4 Turning ¼ to right, step right to right side, tap left next to right and clap
5-6 Turning ¼ to left, step forward on left foot, turning ½ to left, stepping back on right
7-8 Turning ¼ to left, step left to left side, tap right next to left and clap

2 WALKS BACK, COASTER STEP, 2 WALKS FORWARD, SWIVEL, SWIVEL:

- 1-2 Two walks back (right and left)
3&4 Coaster step, (step right back, step left next to right, step forward on right)
5-6 2 walks forward (left, right)
7 Swing both heels to right side turning the body ¼ to left
8 Swing both heels back in place turning body ¼ to right

REPEAT

At the end of music cross left over right and unwind to face the front