Beautiful Day

拍數: 32

級數: Beginner

編舞者: Gaye Teather (UK)

音樂: A Beautiful Day - Dave Sheriff

DIAGONAL STEP, TOGETHER, STEP, BRUSH TWICE

- 1-2 Step right diagonally forward, step left together
- 3-4 Step right diagonally forward, brush left forward
- 5-6 Step left diagonally forward, step right together
- 7-8 Step left diagonally forward, brush right forward

Fun option: With palms of both hands facing forward bring hands up and out in a circular motion every time you hear the words "Beautiful Day" during the above 8 counts

STEP, ¼ TURN LEFT, WEAVE LEFT

- 1-2 Step right forward, turn ¼ left (weight to left, 9:00)
- 3-4 Cross right over left, step left to side
- 5-6 Cross right behind left, step left to side
- 7-8 Cross right over left, step left to side

BACK ROCK, SIDE, HOLD TWICE

- 1-2 Rock right back, recover onto left
- 3-4 Step right to side, hold
- 5-6 Rock left back, recover onto right
- 7-8 Step left to side, hold

BACK ROCK, FORWARD ROCK, BACK ROCK, STOMP, STOMP

- 1-2 Rock right back, recover onto left
- 3-4 Rock right forward, recover onto left
- 5-6 Rock right back, recover onto left
- 7-8 Stomp/touch right together, stomp/touch right together

REPEAT





牆數: 4