

Beautiful Day

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Mark Cook (UK)
音樂: Good Morning Beautiful - Steve Holy



CROSS ROCKS, FULL TURN, ROCK, ¼ TURN

1&2 Cross left over right, replace weight onto right, step left to left side
3&4 Cross right over left, replace weight onto left, step right to right side, making ¼ turn to right
5& Make ¾ turn over right shoulder, stepping, left, right
6&7 Cross left over right replace weight onto right, step left to left side making ¼ turn left
8 Step forward onto right

RIGHT STEP, SIDE ROCK CROSSES, ¾ SWEEP

&9 Make ½ turn pivot over left stepping onto left, step forward onto right
10&11 Step left to left side, replace weight onto right, cross left over right
12&13 Step right to right side, step left to left side, cross right behind left
&14 Rock left to left side, replace weight onto right, making ¼ turn to right
&15-16 Make ¾ turn to the right, sweeping the left leg rock onto left, rock onto right

COASTER, FULL TURN, ROCK, ½ TURN LEFT, FULL TURN

17&18 Step back on left, step right next to left, step left forward
19&20 Make full turn over right shoulder stepping, right, left, right
21&22 Rock onto left, recover weight onto right, make ½ turn left, stepping onto left
23&24 Make full turn over left shoulder, stepping, right, left, right

½ BOX, ½ BOX, HITCH ½ TURN RIGHT, ¾ TURN LEFT, SWAY

25&26 Step left to left side, step right next to left, step left forward
27&28 Step right to right side, step left next to right, step right forward
29-30 Sweep left leg and make ½ turn to right, touch left toe next to right
31&32& Make ¾ turn over left shoulder stepping, left, right, rock left to left side, rock right to right side

REPEAT
