

Beautiful Body

拍數: 64 牆數: 2 級數: Improver
編舞者: Alice Hwee & William Hwee
音樂: If I Said You Had a Beautiful Body - The Bellamy Brothers



ROCK FORWARD RECOVER, ½ TURN RIGHT SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE

1-2 Rock right forward, recover on left
3&4 Making ½ turn right, shuffle forward right left right (facing 6:00)
5-6 Rock left to left side, recover on right
7&8 Cross step left over right, step right to right, cross step left over right

SIDE ROCK RECOVER, BEHIND SIDE CROSS, SIDE ROCK RECOVER, CROSS SHUFFLE

1-2 Rock right to right side, recover on left
3&4 Step right behind left, step left to left, cross right over left
5-6 Rock left to left side, recover on right
7&8 Cross step left over right, step right to right, cross step left over right

SIDE TOUCH CLAP, SIDE TOUCH CLAP, PADDLE ¼ PADDLE ¼

1-2 Step right to right, touch left beside right (clap hands)
3-4 Step left to left, touch right beside left (clap hands)
5-6 Step right forward, pivot ¼ left on left
7-8 Step right forward, pivot ¼ left on left (facing 12:00)

CROSS ROCK RECOVER, ¼ TURN SHUFFLE, PIVOT ½ RIGHT, SHUFFLE FORWARD

1-2 Cross rock right over left, recover on left
3&4 Making ¼ turn right shuffle forward right, left, right (facing 3:00)
5-6 Step forward on left, pivot ½ right (facing 9:00)
7&8 Step left forward, step right beside left, step left forward

SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE

1-2 Rock right to right side, recover on left
3&4 Cross step right over left, step left to left, cross step right over left
5-6 Rock left to left side, recover on right
7&8 Cross step left over right, step right to right, cross step left over right

SIDE ROCK RECOVER, CROSS SHUFFLE, ¼ TURN ¼ TURN, SHUFFLE FORWARD

1-2 Rock right to right, recover on left
3&4 Cross step right over left, step left to left, cross step right over left
5-6 Making ¼ turn right step left back, making ¼ turn right step right to right side (facing 3:00)
7&8 Step left forward, step right beside left, step left forward

VINE RIGHT, BUMP HIPS RIGHT, LEFT., RIGHT, LEFT

1-2 Step right to right, cross step left behind right
3-4 Step right to right, cross step left over right
5-6 Step right slightly to right side and bump hips right, bump hips left
7-8 Bump hips right, bump hips left (weight on left)

ROCK FORWARD RECOVER, BACK COASTER STEP, ROCK FORWARD RECOVER, COASTER ¼ TURN RIGHT

1-2 Rock right forward, recover on left
3&4 Step right back, step left beside right, step right forward

5-6

Rock left forward, recover on right

7&8

Step left back, making $\frac{1}{4}$ right turn step right to right side, step left forward (facing 6:00)

REPEAT
