

Beau Woes

拍數: 32 牆數: 4 級數: Intermediate rumba
編舞者: Michele Perron (CAN)
音樂: The Way We Make a Broken Heart - Rosanne Cash



FORWARD, HOLD, RIGHT HIP, LEFT HIP, FORWARD, HOLD, '&'-TOGETHER-FORWARD

- 1 Left break/step forward with left hip forward
- 2 Hold
- 3 Right rock/step back with right hip back
- 4 Left rock/step forward with left hip forward (weight left)
- 5 Right break/step forward with right hip forward
- 6 Hold
- &-7 Left step back; right step beside left
- 8 Left step forward

FORWARD, HOLD, BACK, TURN, ACROSS, HOLD, SIDE, ACROSS

- 1 Right (large) step with slight lunge forward
- 2 Hold, bend right knee (into a lunge) and extend right arm forward
- 3 Left recover/step back
- 4 Execute $\frac{1}{4}$ turn right with right step (to side right) (3:00)
- 5-6 Left step across front of right; hold
- 7-8 Right step to side right; left step across front of right

TURN, RONDÉ, LOCK/STEP, FORWARD, FORWARD, HOLD, TURN, TOGETHER

- 1 Execute $\frac{1}{4}$ turn left with right step (back) (12:00)
- 2 Left rondé/sweep from front to back
- 3-4 Left lock/step behind right; right step forward
- 5-6 Left step forward; hold
- 7 Execute $\frac{1}{2}$ turn right with right step forward
- 8 Left step beside right (6:00)

SIDE, HOLD, TOGETHER, SIDE, BEHIND, HOLD, 'SLOW' UNWIND

- 1-2 Right step to side right; hold
- 3-4 Left step beside right; right step to side right
- 5-6 Left toe/ball step crossed behind right; hold
- 7-8 Unwind $1 \frac{1}{4}$ turn left for 2 counts (weight on right)

Left foot can end in 'spiral' foot position) (3:00)

REPEAT

TO END

You will finish the dance facing the front wall. So the 'lunge' count 9 and 10, and hold the pose.