# **Beau Woes**



拍數: 32 編數: Intermediate rumba

編舞者: Michele Perron (CAN)

音樂: The Way We Make a Broken Heart - Rosanne Cash



#### FORWARD, HOLD, RIGHT HIP, LEFT HIP, FORWARD, HOLD, '&'-TOGETHER-FORWARD

1	Left break/step	forward with	left hip forward

2 Hold

3 Right rock/step back with right hip back

4 Left rock/step forward with left hip forward (weight left)

5 Right break/step forward with right hip forward

6 Hold

&-7 Left step back; right step beside left

8 Left step forward

## FORWARD, HOLD, BACK, TURN, ACROSS, HOLD, SIDE, ACROSS

1	Right (large)	step with	slight lunge	e forward
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2 Hold, bend right knee (into a lunge) and extend right arm forward

3 Left recover/step back

4 Execute ¼ turn right with right step (to side right) (3:00)

5-6 Left step across front of right; hold

7-8 Right step to side right; left step across front of right

## TURN, RONDÉ, LOCK/STEP, FORWARD, FORWARD, HOLD, TURN, TOGETHER

1	Execute 1/2	turn left	with right ste	n (back)	(12.00)

2 Left rondé/sweep from front to back

3-4 Left lock/step behind right; right step forward

5-6 Left step forward; hold

7 Execute ½ turn right with right step forward

8 Left step beside right (6:00)

## SIDE, HOLD, TOGETHER, SIDE, BEHIND, HOLD, 'SLOW' UNWIND

1-2 Right step to side right; hold

3-4 Left step beside right; right step to side right5-6 Left toe/ball step crossed behind right; hold

7-8 Unwind 1 ¼ turn left for 2 counts (weight on right)

Left foot can end in 'spiral' foot position) (3:00)

## **REPEAT**

## **TO END**

You will finish the dance facing the front wall. So the 'lunge' count 9 and 10, and hold the pose.