

Beatless

拍數: 32 牆數: 2 級數: Improver rumba line/contra dance
編舞者: Patrick Hering (DE), Yvonne Hlousek (DE) & Charles Johnson
音樂: Beat of Love - En Vogue



Position: When dancing with partner, begin back to back

- 1-2 Large step left to left, hold
&3-4 ½ turn right on right foot, step left next to right, ½ turn right stepping forward right
5-6 Step forward left, hold
&7 Step 1/8 left with right, cross left in front of right with 1/8 turn left
&8 Repeat &7
- 1-2 Swivel heels to left while turning ¼ right, swivel heels to right while turning ½ left
3-4 Step right diagonally right forward - 1/8 right, hold
5-6 Step left forward 1/8 right, hold
&7-8 Step right forward with 1/8 turn right, step left forward with 1/8 right, step right forward with ¼ turn right
- 1-2 Cross step left in front of right, cross touch right over left
3-4 Cross step right behind left, cross step left behind right
5-6 Large step right-to-right side, slide left towards right
&7-8 Step left next to right, step right to right-shoulder width from left, slap thighs
- 1-2 Lower body back down to right while pushing right hand forward left
3-4 Reverse of 1-2
- On counts 25-28 when dancing with partner, grab his/her hand**
5-6 Cross touch left behind right, hold
&7-8 Step left slightly forward with ¼ turn left, bring right next to left with ¼ turn left and bending knees to dip body, raise body by straightening knees

REPEAT
