

Beatles Forever

COPPERKNOB
STEPSHEETS

拍數: 44 牆數: 2 級數: ultra Beginner
編舞者: Pauline Kowacz (AUS)
音樂: Eight Days a Week - The Beatles



RIGHT VINE, LEFT VINE

1-4 Step right to side, left behind right, right to side, touch left beside right
5-8 Step left to side, right behind left, left to side, touch right beside left

DIAGONAL 45S

1-4 Touch right heel forward on diagonal, replace next to left, touch left heel forward on diagonal, replace next to right
5-8 Touch right heel forward on diagonal, replace next to left, touch left heel forward on diagonal, replace next to right

BACK TOE STRUTS

1-4 Right toe back, right heel down, left toe back, left heel down
5-8 Right toe back, right heel down, left toe back, left heel down

FORWARD CAMELS

1-4 Step right forward on diagonal, slide left to right and repeat
5-8 Step left forward on diagonals, slide right to left and repeat

PADDLE TURNS

1-4 Step right forward, turn $\frac{1}{4}$ left, step right forward, turn $\frac{1}{4}$ left

FORWARD ROCK STEP HOLD, BACK ROCK STEP HOLD

1-4 Rock forward on right, rock back on left, step right back and hold
5-8 Rock back on left, rock forward on right, step left together. And hold

REPEAT
