

Beat It

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Aoife Aherne (IRE)
音樂: Beat It - Michael Jackson



&SIDE ROCK &CLOSE, KICK TWICE, SAILOR STEP, SHUFFLE FORWARD

&1-2 Step right to right, recover left, step right to right
3-4 Kick left foot forward across right, kick left foot forward to left side
5&6 Left behind right, step right to right, step left to left side
7&8 Step forward right foot, step left next to right step forward right

CROSS POINT TWICE, UNWIND $\frac{3}{4}$ TURN RIGHT, LEFT SHUFFLE

1-2 Step left over right and point right foot to right side
3-4 Step right over left and point left foot to left side
5-6 Cross left over right, unwind $\frac{3}{4}$ turn to right, putting weight on right foot
7&8 Step forward left, close left to right, step forward left

SIDE ROCK, CROSS SHUFFLE TWICE

1-2 Step right to right side, recover onto left
3&4 Cross right over left, step left to left, cross right over left
5-6 Step left to left side, recover onto right
7&8 Cross left over right, step right to right side, cross left over right

PIVOT $\frac{1}{4}$ TURN LEFT, RIGHT SHUFFLE FORWARD, SYNCOPATED WEAVE & $\frac{1}{4}$ TURN TOUCH

1-2 Step forward right pivot $\frac{1}{4}$ turn left placing weight on left foot
3&4 Step forward right, close left to right, step forward right
5&6& Cross left over right, step right to right, cross left behind right, step right to right
7&8 Cross left over right, step right to right, tap left foot $\frac{1}{4}$ turn left

STEP CLOSE STEP CLOSE, PIVOT $\frac{1}{2}$ TURN SHUFFLE

1-2 Step forward left, close right next to left
3-4 Step forward left, close right next to left
5-6 Step forward left pivot $\frac{1}{2}$ turn right
7&8 Step forward left, close right next to left step forward left

STEP TOUCH, ROCK & CROSS, SIDE ROCK $\frac{1}{4}$ TURN RIGHT SHUFFLE FORWARD

1-2 Step forward right, touch left next to right
3&4 Step left to left side, recover onto right cross left over right
5-6 Step right to right side, recover onto left as you take $\frac{1}{4}$ turn left
7&8 Step forward right, close left next to right step forward right

STEP TOUCH, HEEL AND TOUCH, ROCK STEP COASTER STEP

1-2 Step left to left side, tap right next to left
3&4 Place right heel forward, step onto right foot $\frac{1}{4}$ turn left as you tap left foot forward
5-6 Step rock forward left, recover onto right
7&8 Step back on left, step back right step forward onto left

PIVOT HALF TURN, SIDE ROCK, COASTER STEP, STEP TOUCH

1-2 Step forward right foot, pivot $\frac{1}{2}$ turn left
3-4 Step right to right side, recover onto left
5&6 Step back right, step back left, step forward right

7-8

Step forward left, touch right next to left

REPEAT
