

# Beat Busts On

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Gary Steele (UK)  
音樂: Love Today - MIKA



Begin dancing 32 counts after main vocals are heard

## HITCH & STEP, SHUFFLE FORWARD LEFT, ROCKING CHAIR, ROCK RECOVER ¼ SLIDE

1&2      Hitch left knee above right, step left foot down, step right foot slightly more forward than average  
3&4      Shuffle forward left, right, left  
5&6&      Rock forward right, recover onto left, rock back onto right, recover onto left  
7&8      Rock forward onto right, recover onto left, make a ¼ turn right take a huge step right to right side

## BEHIND - SIDE CROSSING SHUFFLE, POINT SWITCHES, KICK-BALL CHANGE

1-2      Step left foot behind right, step right to right side  
3&4      Left crossing shuffle  
5&6&      Point right to right side, close right foot, point left to left side, close left foot  
7&8      Kick right foot forward, step down on ball of right foot, change weight onto left foot

## SYNCOPATED ROCK STEPS, ROCK RECOVER ½ TURN SHUFFLE

1-2&      Rock forward onto right, recover onto left, close right next to left  
3-4      Rock back onto left foot, recover weight onto right  
5-6      Rock forward onto left foot, recover weight onto right  
7&8      Shuffle ½ turn left stepping left, right, left

## POINT SWITCHES, KICK-BALL CHANGE, ¼ TURNING -POINTS, SYNCOPATED ROCK STEPS

1&2&      Point right to right side, close right foot, point left to left side, close left foot  
3&4      Kick right foot forward, step down on ball of right foot, change weight onto left foot  
5&6&      Point right foot forward making a 1/8 turn left, close right next to left, point left foot forward making an 1/8 turn left, close left foot next to right. (completes ¼ turn left)  
7-8&      Rock forward onto right, recover onto left, close right next to left

## ROCK RECOVER, KICK-BALL CHANGE X3

1-2      Rock back onto left foot, recover weight onto right  
3&4      Kick left foot forward, step down on ball of left foot, change weight onto right foot  
5&6      Kick left foot forward, step down on ball of left foot, change weight onto right foot  
7&8      Kick left foot forward, step down on ball of left, step onto right foot

## ROCK RECOVER, COASTER STEP, ROCK RECOVER ½ TURN SHUFFLE

1-2      Rock forward onto left foot, recover weight onto right  
3&4      Step left foot back, close right next to left, step left foot forward  
5-6      Rock forward onto right foot, recover weight onto left  
7&8      Make a ½ turn over right shoulder shuffling right, left, right

## CROSS BACK, BALL-CROSSING SHUFFLE, SIDE ROCK, BEHIND-SIDE CROSS

1-2      Cross left over right, step right foot back  
&3&4      Step on ball of left foot, right crossing shuffle over left  
5-6      Rock left foot out to left side, recover weight onto right  
7&8      Step left behind right, step right to right side, cross left in front

## **½ TURN MONTEREY, JAZZ BOX**

- 1-2 Point right to right side, make ½ turn right closing right next to left  
3-4 Point left to left side, close left next to right  
5-8 Cross right over left, step left foot back, step right to right side, touch left next to right

## **REPEAT**

### **TAG**

**Danced at end of wall 1**

### **JAZZ BOX**

- 1-4 Cross left over right, step right back, step left to left side, close right next to left

### **TAG 2**

**Danced at end of section 4 wall 4**

### **JAZZ BOX**

- 1-4 Cross left over right, step right back, step left to left side, close right next to left

**After Tag 2, restart the dance from the beginning**

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