

The Bear Cha Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 42 牆數: 0 級數: Partner
編舞者: Cheryl Clem (USA)
音樂: Senorita - Trick Pony



Position: Closed Position, man facing forward in LOD, lady facing partner

ROCK STEP TWICE CHA-CHA STEP

1-2 **LADY:** Rock back on right, recover on left
 MAN: Rock forward on left recover on right
3&4 Step right next to left step left next to right step right in place
 MAN: Step left, right, left
5-6 **LADY:** Rock forward on left recover on right
 MAN: Rock back on right recover on left
7&8 **LADY:** Step left next to right, right next to left, left in place
 MAN: Step right, left, right

FULL TURN TWICE RIGHT, LEFT CHA-CHA STEP

9-10 **LADY:** Step right to right ½ turn to right weight on ball of right foot, (holding lady's right & man's left hand) step back on left ½ turn to right
 MAN: Walk forward left & right
11&12 **LADY:** Step weight on right, step left next to right, step right in place
 MAN: Step left, right, left
13-14 **LADY:** Step left to left ½ turn to left weight on ball of left foot
 MAN: Walk forward right, left
15&16 **LADY:** Step back on right ½ turn to left, step weight on left, step right next to left, step left in place
 MAN: Step right, left, right

SIDE ROCK STEP CHA-CHA CLOSED POSITION

17-18 **LADY:** Rock right to right recover on left
 MAN: Rock left to left recover on right
19&20 **LADY:** Step right next to left, left in place, right in place
 MAN: Step left, right, left
21-22 **LADY:** Rock left to left recover on right
 MAN: Rock right to right recover on left
23&24 **LADY:** Step left next to right, right in place, left in place
 MAN: Step right, left, right

SIDE TOUCH ¼ TURN

25-26 **LADY:** Touch right to right, touch right out to right ¼ turn to right
 MAN: Touch left to left, touch left out to left ¼ left

Dropping lady's right hand, man's left. Holding lady's left hand, man's right, facing the ILOD

27&28 **LADY:** Step right, left, right
 MAN: Step left, right, left

PIVOT ½ TURN & ¼ TURN SHUFFLES

29-30 **LADY:** Step forward on left pivot ½ turn to the right, step forward on left ¼ turn to right
 MAN: Step forward on right pivot ½ turn to left step forward right ¼ turn to left
31&32 **LADY:** Step in place left, right, left
 MAN: Step right, left, right

Touching palms together

33&34 **LADY:** Shuffle back right, left, right

MAN: Forward left, right, left)

35&36 **LADY:** Shuffle back left, right, left

MAN: Forward right, left, right

37&38 **LADY:** Shuffle back right, left, right

MAN: Forward left, right, left

FULL TURN FREE SPIN, CHA-CHA STEP

39&40 **LADY:** Step left across right pivot $\frac{3}{4}$ turn to the right step back on right $\frac{1}{4}$ turn to the right (facing partner)

MAN: Step right across left pivot $\frac{3}{4}$ turn to the left step back on left $\frac{1}{4}$ turn to the left facing
LOD

No hands free spin

41&42 **LADY:** Step left, right, left

MAN: Step right, left, right

Resume closed position

REPEAT
