

Beach Day

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Håkan Westerberg (SWE)
音樂: En dag på stranden - Tomas Ledin



STEP, HEEL GRIND, CHASSE, CROSS ROCK, SIDE, TOGETHER

1 Left forward
2&3& Right heel forward, grind and $\frac{1}{4}$ turn right, back left, $\frac{1}{4}$ right
4&5 Right to right side, left beside right, right to right side
6-7 Cross rock left over right, recover onto right
8& Left to left side, right beside left

Restart wall 13 only for En Dag På Stranden

CROSS, $\frac{1}{4}$ STEP TURN, SHUFFLE $\frac{1}{2}$ TURN LEFT, BACK, CROSS, CHASSE LEFT

1 Cross left over right
2-3 Step right to right side, $\frac{1}{4}$ pivot left onto left
4&5 Shuffle turn $\frac{1}{2}$ left using right-left-right
6-7 Step back left, step right cross over left
8&1 Left chasse using left-right-left

STEP TURN, ROCK & CROSS, SWAY, LEFT SAILOR

2-3 Step right forward, $\frac{1}{2}$ pivot left onto left
4&5 Right side rock, recover, cross right over left
6-7 Sway left, sway right
8&1 Left behind right, right to right side, left in place

POINT, UNWIND $\frac{1}{2}$ RIGHT, SWEEP, CROSS SHUFFLE, STEP, TOUCH, SIDE, TOGETHER

2-3& Point right behind left, unwind $\frac{1}{2}$ right onto right, sweep left in front of right
4&5 Left cross over right, right slightly to right side, left cross over right
6-7 Step right to right side, left touch beside right
8& Left to left side, right beside left

REPEAT