Beach Boy Boogie



拍數: 56 牆數: 4 級數: Intermediate

編舞者: Lynne Martino (USA)

音樂: Dance, Dance - The Beach Boys



RIGHT CROSS, LEFT POINT, STEP LEFT BEHIND RIGHT, RIGHT FORWARD KICK, SLOW RIGHT COASTER STEP, LEFT FORWARD KICK

1-2 Cross right foot over left, point left to left side3-4 Cross left foot behind right, kick right forward

5-6-7-8 Step right back, step left next to right, step right forward, kick left

LEFT BACK ROCK, RECOVER RIGHT, FORWARD SHUFFLE LEFT, RIGHT, LEFT, RIGHT ROCK FORWARD AND BACK

1-2 Rock back on left, recover on right
3&4 Shuffle forward left, right, left
5-6 Rock forward on right, recover on left

7-8 Rock back on right, recover on left

RIGHT AND LEFT HEEL DIGS, TWO RIGHT HEEL DIGS, LEFT AND RIGHT HEEL DIGS, TWO LEFT HEEL DIGS

1&2& Right heel forward, recover weight on right, left heel forward, recover weight on left

3-4 Dig right heel forward twice

&5&6& Quick step on right, left heel forward, recover weight on left, right heel forward, recover

weight on right

7-8 Dig left heel forward twice

QUICK STEP ON LEFT, RIGHT FORWARD SHUFFLE, FORWARD LEFT, ½ PIVOT RIGHT, FORWARD LEFT SHUFFLE, FORWARD RIGHT SHUFFLE

&1&2 Step on left, shuffle forward right, left, right

3-4 Step forward on left, pivot ½ right and recover on right

5&6 Shuffle forward left, right, left 7&8 Shuffle forward right, left, right

For more styling, on the forward left and right shuffles, shuffle on a slight angle and bring arms up and snap your fingers or clap your hands

LEFT FORWARD ROCK STEP, LEFT COASTER STEP, RIGHT HEEL GRIND, RIGHT COASTER STEP

1-2 Rock forward on left, recover on right

3&4 Step back on left, step right next to left, step forward on left

5-6 Grind right heel, recover on left

7&8 Step back on right, step left next to right, step forward on right

LEFT AND RIGHT TOE HEELS 2X

1-2 Angling your body to the right, cross and touch left toe over right, put weight down on left heel

3-4 Touch right toe forward and put weight down on right heel

5-6-7-8 Repeat counts 1-4

When dancing these 8 counts, angle your body to the right .bring both arms to the left across your body and snap your fingers on counts 1-2. For 3-4 bring your arms up to the right and snap your fingers. Repeat the sequence for 5-8

LEFT CROSS ROCK, ¼ TURN LEFT SHUFFLE FORWARD LEFT, RIGHT, LEFT, RIGHT FORWARD, ½ PIVOT LEFT, RIGHT KICK BALL STEP

1-2 Cross rock left over right, recover on right

3&4	Making a ¼ turn left shuffle left, right, left
5-6	Step forward on right, pivot ½ left, recover on left
7&8	Kick right forward, step back on ball of right, step left next to right

REPEAT

TAG

At the end of the 3rd wall (facing 12:00 wall) as you get to the toe, heels (counts 40-44)

1-2 Angling your body to the right, cross and touch left toe over right, put weight down on left heel

3-4 Touch right toe forward and put weight down on right heel

5-6 Cross rock left over right, recover on right7-8 Step on left and touch right next to left

Start dance again

RESTART

On 6th and 7th wall, eliminate the first 16 counts and start with the right and left heels