

# Be Yourself

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver hip hop  
編舞者: Charles Johnson  
音樂: Thank You (Falletin Me Be Mice Elf Again) - Big Brovaz



- |      |  |
|------|--|
| 1&   | Rock forward left, replace weight back to right  |
| 2&   | Rock back left, replace weight forward on right  |
| 3&4  | Shuffle forward left, right, left  |
| 5&6  | Kick right diagonally forward, step down right, cross left in front of right                             |
| &7&8 | Step right to right, cross left in front of right, kick right to right, hitch right knee                 |
|      |  |
| 1&2  | Cross right behind left, step left to left, cross right in front of left                                 |
| 3&4  | Step left to left, bring in toes, bring in heels   |
| 5&6  | Kick right forward, step right next to left, kick left forward   |
| &7&8 | Step left next to right, step right slightly forward, swivel heels to right, swivel heels back to center |
|      |  |
| 1-2  | Step right to right, make ½ turn right touching left next to right                                       |
| 3-4  | Step left to left, make ½ turn left touching right next to left  |
| 5-6  | Step right to right, make ½ turn left touching left next to right  |
| 7-8  | Step left to left, make ½ turn left touching right to right  |
|      |  |
| 1&2  | Kick right forward, step down right, rock left to left   |
| &3&  | Replace weight to right, kick left forward, step left down   |
| 4&5  | Rock right to right, replace weight to left, kick right forward  |
| &6-7 | Step down right, step left next to right, hold   |
| &8   | With feet together hop twice while making ¼ turn right   |

**REPEAT**

**TAG**

**After 3rd wall there is an 8-count break where you be yourself**

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