

Be Yourself

拍數: 40 牆數: 2 級數: Beginner
編舞者: Jeroen "Kicking Geronimo" Welp (NL)
音樂: Too Much Month (At The End Of The Money) - Marty Stuart



RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, ¼ TURN LEFT-LEFT CHASSE, ½ TURN LEFT-RIGHT CHASSE

1&2 Right shuffle forward
3-4 Left rock back, recover
5&6 Turn ¼ left and left step side, right close, left step side
7&8 Turn ½ left and right step side, left close, right step side

LEFT ROCK BACK, LEFT CHASSE ¼ TURN LEFT, ¼ TURN LEFT -RIGHT CHASSE, LEFT ROCK BACK

9-10 Left rock back, recover
11&12 Left step side, right close, left step ¼ turn left
13&14 Turn ¼ left and right step side, left close, right step side
15-16 Left rock back, recover

LEFT CHASSE ¼ TURN RIGHT, RIGHT ROCK BACK, POINT FORWARD, POINT SIDE, RIGHT SAILOR ¼ TURN RIGHT

17&18 Left step side, right close, left step ¼ turn right
19-20 Right rock back, recover
21-22 Right touch forward, right touch side
23&24 Right cross behind, left step side, right step ¼ turn right

LEFT ROCK FORWARD, LEFT SHUFFLE ½ TURN LEFT, POINT FORWARD, POINT SIDE, RIGHT SAILOR ¼ TURN RIGHT

25-26 Left rock forward, recover
27&28 Left shuffle ½ turn left
29-30 Right touch forward, right touch side
31&32 Right cross behind with ¼ turn right, left step side, step right forward

LEFT ROCK FORWARD, LEFT SHUFFLE ½ TURN LEFT, RIGHT SHUFFLE ½ TURN LEFT, LEFT SHUFFLE ½ TURN LEFT

33-34 Left rock forward, recover
35&36 Left shuffle ½ turn left
37&38 Right shuffle ½ turn left
39&40 Left shuffle ½ turn left

REPEAT
