

Be Patient

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Charlie Bowring (UK)
音樂: Work In Progress - Alan Jackson



- 1 Step right behind left
 - 2 Rock forward onto left
 - 3&4 Shuffle to right side
 - 5 Step left behind right
 - 6 Rock forward onto right
 - 7&8 Left shuffle back turning ¼ turn right

 - 9 Step right back
 - 10 Rock forward onto left
 - 11 Step right forward
 - 12 Full turn left ending with left hooked across right shin
- For less experienced dancers change 11-12 to**
- 11 Step right forward
 - & Swing left slightly forward
 - 12 Hook left in front of right shin

 - 13&14 Left shuffle forward
 - 15 Step right forward
 - 16 Rock back onto left

 - 17 Step right back
 - 18 Lock left across in front of right
 - & Step slightly back on ball of right foot
 - 19 Step left back
 - 20 Lock right across in front of left
 - 21-24 Step left to left side, bumping hips left, right, left, right

 - 25-26 Left toe strut across in front of right
 - 27-28 Right toe strut back
 - 29-30 Left toe strut slightly to left side, making ¼ turn left
 - 31 Touch right to side
 - 32 Hold

With finger clicks on heel drops & hold

REPEAT
