Be Mine

拍數: 32

級數: Beginner social cha

編舞者: Michael Diven (USA)

音樂: Say You'll Be Mine - Amy Grant

This dance was choreographed especially for a couple who have been dancing with me for years, especially for their wedding day. Congratulations to Mitzi and John Michael. United in marriage on July 9th, 2006. Here's to many more years of wedding bliss. God Bless you both

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, TURNING SHUFFLE

- 1-2 Rock forward on right foot, recover weight back to left foot
- 3&4 Right coaster step in place, stepping right, left, right
- 5-6 Rock forward on left foot, recover weight back to right foot
- 7&8 Shuffle back while turning ½ turn left, stepping left, right, left (weight ends up on the left foot)

ROCK, RECOVER, LOCK STEP BACKWARDS, STEP, PIVOT, COASTER STEP

- 1-2 Rock forward on right foot, recover weight back on left foot
- 3&4 Step back on right foot, slide left back and across the right, step back on right foot
- 5-6 Step back on left foot, pivot ¹/₂ turn left, step right foot in place (weight is on right foot)
- 7&8 Left coaster step in place, stepping left, right, left

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS STEP, STEP, TURNING SHUFFLE

- 1-2 Cross rock right over left, recover weight back to left foot
- 3&4 Side shuffle right, stepping right, left together, right
- 5-6 Cross step left over right, step right foot to right side
- 7&8 Pivot ¹/₂ turn left, while completing a left side shuffle, stepping left, right, left

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS STEP, STEP, TURNING SHUFFLE

- 1-2 Cross rock right over left, recover weight back to left foot
- 3&4 Side shuffle right, stepping right, left together, right
- 5-6 Cross step left over right, step right foot to right side
- 7&8 Pivot ³/₄ turn left, while completing a left side shuffle, stepping left, right, left

REPEAT





牆數:4