

Be Happy

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jackie Jacotine (UK)
音樂: Happy - Lighthouse Family



RIGHT & LEFT FORWARD SHUFFLES, ROCK, RECOVER, RIGHT BACK LOCK

1&2 Right forward shuffle (step forward on right, close left to right, step forward on right)
3&4 Left forward shuffle (step forward on left, close right to left, step forward on left)
5-6 Rock forward on right, recover
7&8 Right back lock step (step back on right, cross left over right, step back on right)

¼ LEFT TURN CHASSE, CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER

1&2 ¼ turn left, stepping left to left side, close right to left, step left to left side (chasse)
3-4 Cross right over left, step left to left side
5&6 Step right behind left, step left to left, cross right over left (behind, side, cross)
7-8 Rock left to left side, recover

CROSS, SIDE, BEHIND, SIDE, CROSS, RIGHT ROCK, RECOVER, RIGHT SAILOR STEP

1-2 Cross left over right, step right to right side
3&4 Step left behind right, step right to right, cross left over right (behind, side, cross)
5-6 Rock right to right side, recover
7&8 Step right behind left, step left to left, step in place with right

¼ LEFT TURN SAILOR STEP, FORWARD RIGHT AND LEFT STEP LOCK STEP, MAMBO STEP

1&2 Step left behind right turning ¼ left, step right to right side, step left in place
3&4 Step forward on right, lock left behind right, step forward on right
5&6 Step forward on left, lock right behind left, step forward on left
7&8 Rock forward on right, rock back on left, step together with right

LEFT SIDE, TOGETHER, LEFT CHASSE, RIGHT SIDE, TOGETHER, CHASSE

1-2 Step left to left, close right next to left
3&4 Left chasse (step left to left, close right to left, step left to left side)
5-6 Step right to right, close left next to right
7&8 Right chasse (step right to right side, close left to right, step right to right side)

LEFT CROSS ROCK, RECOVER, TRIPLE ¾ TURN LEFT, DIAGONAL RIGHT AND LEFT STEP, TOUCHES FORWARD WITH FINGER CLICKS

1-2 Cross rock left over right, recover
3&4 Triple ¾ turn left to face the 9:00 wall (left, right, left)
5-6 Step forward diagonally on right, touch left next to right & click
7-8 Step forward diagonally on left, touch right next to left & click

REPEAT