

# Be Happy

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數:  
編舞者: Fran Thomas (USA)  
音樂: I Just Wanna Be Happy - Gloria Estefan



---

## WALK FORWARD; SHUFFLE FORWARD; ROCK - RECOVER; ½ TURN LEFT SHUFFLE

1-2      Walk forward right ..left  
3&4      Shuffle forward right-left-right  
5-6      Rock forward on left, recover on right  
7-8      Turn ½ left while shuffling left-right-left

## REPEAT STEPS 1 THRU 8

1-8      Repeat 1-8

## LINDY RIGHT; LINDY LEFT

1&2      Shuffle to the right, right-left-right  
3-4      Rock back on left, recover on right  
5&6      Shuffle to the left, left-right-left  
7-8      Rock back on right, recover on left

## CROSS ROCK - RECOVER; SHUFFLE TURNING ½ RIGHT; HIP BUMPS

1-2      Cross rock right over left, recover on left  
3&4      Shuffle right-left-right while turning ½ to the right  
5-6      Step onto left with a hip bump, and hip bump to right  
7&8      Hip bumps left-right-left

## REPEAT

---