

# Be Happy

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Justine Shuttleworth (AUS)  
音樂: Don't Worry Baby - The Beach Boys & Lorrie Morgan



- 1            Step a big step to the right  
2            Drag left toe towards the right foot  
&            Step left foot next to the right  
3&4        Turn ¼ turn right and step forward right, step left next to right, step forward right  
&            Turn ½ turn right on ball of right foot  
5            Step back on left foot  
6            Rock back on right foot  
7            Step forward on left foot  
&            Turn ½ turn left  
8            Step back on right foot
- 1            Step back on left on a diagonal left (45 degrees)  
2            Cross-step right over left foot  
&            Step back left on a diagonal left (45 degrees)  
3            Step back on right on a diagonal right  
4            Cross-step left over right foot  
&            Step back on a diagonal right  
5            Step left foot to left side  
6&         Roll hips to the left (start from back left corner)  
7            Roll should finish making ¼ turn left (weight on left)  
&8         Step right foot beside left, step forward on left
- 1&2        Step forward at 45 degrees right bumping hips forward, bump back, bump forward  
3&4        Step forward at 45 degrees left bumping hips forward, bump back, bump forward  
5&6        Step forward at 45 degrees right bumping hips forward, bump back, bump forward  
7            Cross-rock left behind  
8&        Turning body to the left diagonal step forward right, step left beside right
- 1-5        Step forward on right foot (on diagonal), twist on balls of both feet ½ turn left to face opposite diagonal, twist back ½ turn right to original position, twist ½ turn left, step forward right on the diagonal and turn a further 45 degrees left  
&            Spin on ball of right foot ½ turn left  
6            Step back on left foot  
&            Spin a further ½ turn left on ball of left foot  
7-8        Rock right foot to right swinging hips right, rock left to left  
&            Pivot on ball of left foot ½ turn left and scoot on left hitching right knee

**REPEAT**