

Be Gentle With Me

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tina Lincoln (UK)
音樂: Gentle Warm And Kind - Merv & Maria



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- 1-2 Right step to right side, step left foot beside right foot
3&4 Right step to right, step left foot beside right foot, right step to right
5-6 Left foot cross rock over right foot, rock back onto right foot
7&8 Step left foot to left, step right foot beside left, step left foot $\frac{1}{4}$ turn to left
- 9-10 Right foot step forward, turn $\frac{1}{2}$ turn to left
11&12 Right foot step forward turning $\frac{1}{4}$ turn left, bring left foot beside right, step right foot forward
 turning $\frac{1}{4}$ turn left (right shuffle $\frac{1}{2}$ turn left)
13-14 Left foot rock back, rock forward onto right
15&16 Step left foot forward, step right foot beside left, step left foot back (left forward coaster step)
- 17-18 Right foot rock back, rock forward onto left foot
19&20 Step right foot forward, step left foot beside right, step right foot back (right forward coaster
 step)
21-22 Step left foot back, turn $\frac{1}{2}$ left over left shoulder
23&24 Right foot step forward. Left foot step beside right, right foot step forward
- 25-26 Left foot step forward, pivot $\frac{1}{2}$ turn to the right
27&28 Step left foot forward, step right beside left, step left foot forward
29&30 Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)
31&32 Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)

REPEAT
