

# Bcb Shuffle

拍數: 48      牆數: 2      級數: Improver  
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音樂: You Got My Letter - Boz Scaggs



## TOE-HEEL STRUTS FORWARD

- 1-2      Touch right toe forward, place right heel down
- 3-4      Touch left toe forward of right foot, place left toe down
- 5-6      Touch right toe forward, place right heel down
- 7-8      Touch left toe forward of right foot, place left toe down

## SWITCH HEELS WITH QUARTER TURNS LEFT

- 9-10      Touch right heel forward, switch to place left heel forward and right foot back in place
- 11      Switch to place right heel forward and left back in place
- 12      While doing a quarter turn left, switch to place left heel forward and right back in place
- 13      Switch to place right heel forward and left back in place
- 14      Switch to place left heel forward and right back in place
- 15      Switch to place right heel forward and left back in place
- 16      While doing a quarter turn left switch to place left heel forward and right back in place

## SWITCH, CLAP, STOMP, CLAP

- 17      Switch to place right foot forward and left back in place, clap
- 18      Stomp left foot beside right, clap
- 19      Stomp right foot forward, clap
- 20      Stomp left foot beside right, clap, keep weight on right foot

## RIGHT BACK, ROCK FORWARD, LEFT TURNING CHA-CHA (½ turn)

- 21-22      Right step back, rock forward onto left
- 23&24      Turn ½ turn left while stepping right-left-right (cha-cha-cha)

## BALL JACKS

- 25-26      Still facing forward, step left foot backward on 45 degrees left, touch right heel in place
- 27-28      Step on right foot (still in place), stomp left beside right
- 29-30      Still facing forward, step right foot backward on 45 degrees right, touch left heel in place
- 31-32      Step on left foot (still in place), stomp right beside left

## CHICKEN

- 33      Step left toe to left side pointing the toes inward
- 34      Step right toe to right side pointing toes inward
- 35      Step left heel in place pointing toes outward
- 36      Step right heel in place pointing toes outward
- 37      Step left toe in place pointing the toes inward
- 38      Step right toe in place pointing toes inward
- 39-40      Step left foot back to normal position (center), close right beside left

## BUTTERFLIES

- 41      Move heels outward opposite each other
- 42      Move toes outward opposite each other
- 43      Moves toes inward facing each other
- 44      Move heels together back to normal position
- 45-46      Stomp right foot slightly forward of left foot, clap

47-48

Stomp left foot beside right foot, clap

**REPEAT**

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