

拍數: 56 牆數: 4 級數:
編舞者: Carroll Shaw
音樂: Unknown



VINE KICK-BALL-CHANGE KICK-BALL-CROSS SIDE TOGETHER

- 1 Step to left side on left foot
- 2 Cross behind left stepping on right foot
- 3 Step to left side on left foot
- 4 Kick forward with right foot
- & Step slightly behind and to the right of the left foot on ball of right foot
- 5 Change weight to left foot
- 6 Kick forward with right foot
- & Step slightly behind and to the right of the left foot on ball of right foot
- 7 Cross in front of right foot stepping on left foot
- 8 Step to right side on right foot
- & Step next to right foot on left foot

TOE -SPLIT TOGETHER HEEL-SPLIT TOGETHER

- 9 Split toes of both feet to point to both forward diagonals
- 10 Fan toes of both feet to point straight forward
- 11 Split heels of both feet to point to both backward diagonals
- 12 Fan heels of both feet to point straight backward

TOUCH TOGETHER TOUCH TOGETHER/TOUCH TOGETHER TOUCH STEP

- 13 Touch to right side with toes of right foot
- 14 Step next to left foot on right foot
- 15 Touch to left side with toes of left foot
- 16 Step next to right foot on left foot
- 17 Touch to right side with toes of right foot
- 18 Step next to left foot on right foot
- 19 Touch to left side with toes of left foot
- 20 Step forward on left foot

STEP KICK SQUAT (DOWN-UP) HIP-SWIVELS

- 21 Step forward on right foot
- 22 Kick forward with left foot
- 23 Bring left foot next to right foot distributing weight evenly and squatting down slightly
- 24 Stand up straight keeping weight evenly distributed
- 25-26 Swivel hips clockwise (right to left) for 2 counts
- 27-28 Swivel hips counterclockwise (left to right) for 2 counts
- 29-30 Swivel hips clockwise (right to left) for 2 counts
- 31-32 Swivel hips counterclockwise (left to right)for 2 counts

STEP KICK-BALL-CHANGE/TURN SNAP/STEP HITCH/TURN 3-COUNT-TURN HOLD

- 33 Step forward on left foot
- 34 Kick toward forward right diagonal with right foot
- & Step slightly behind and to the right of the left foot on ball of right foot
- 35 Cross in front of right foot stepping on left foot
- 36 Snap fingers of both hands
- 37 Step forward on right foot

- 38 Hitch with left leg into $\frac{1}{4}$ counterclockwise turn
- 39 Step to left side on left foot pointing toes to left side
- 40 Step on right foot into $\frac{1}{2}$ counterclockwise turn
- 41 Step on left foot into $\frac{1}{2}$ counterclockwise turn
- 42 Hold

JUMP, HOLD, JUMP, HOLD, JUMP, JUMP

- 43 Jump forward landing on right foot quickly followed by left foot
- 44 Hold
- 45 Jump backward landing on right foot quickly followed by left foot
- 46 Hold
- 47 Jump forward landing on right foot quickly followed by left foot
- 48 Jump backward landing on right foot quickly followed by left foot

TOE-SPLIT TOGETHER HEEL-SPLIT TOGETHER/SCOOT SCOOT STEP TOUCH

- 49 Fan toes of both feet to point to both forward diagonals
- 50 Fan toes of both feet to point straight forward
- 51 Split heels of both feet to point toward both backward diagonals
- 52 Fan heels of both feet to point directly backward
- 53 Lifting right foot slightly scoot forward on left foot
- 54 Keeping right foot slightly off floor scoot forward on left foot
- 55 Step forward on right foot
- 56 Touch next to right foot with left foot.

REPEAT
