# Bittersweet Love (P)

級數: Intermediate partner dance



拍數: 48 牆數: 1 編舞者: Dan Testa (USA)

編舞者: Dan Testa (USA) 音樂: Wild Child - Enya

Position: Start in promenade position with all the ladies facing the same way. The men are to the left of the ladies. The couple forms a 90 degree angle. The man holds the lady's right hand with his left at waist level and places his right hand on the lady's back. The lady's left hand is placed on the man's back or shoulder This dance can either be done to 16 bars of 3|4 music or 12 bars of 4|4 music. "More Love" is a 4|4 song. The other two songs are 3|4. I recommend using a 4,5,6 count-in for the 3|4 music and a 5,6,7,8 count-in for the 4|4 music

## TURNING BASIC TWICE

LADY: Rock right foot back, replace left foot
MAN: Rock left foot to left, replace right foot

### **Rubber Band Connection**

2 LADY: Step forward on the ball of right foot MAN: Step forward left foot between lady's feet and turn ¼ left

## 3 LADY: Turn ½ to the left between counts 2 and 3, step back left foot on count 3 MAN: Step right foot to right and turn ¼ left

&4-5-6 BOTH: Repeat steps &1-2-3

### "THROW OUT" OF THE LADY

&7-8-9 **LADY:** Rock back right foot, replace left foot, step forward right foot, turn ½ to the left between counts 8 and 9, step back left foot

**MAN:** Rock left foot to left, replace right foot, step left foot crossing in front of right foot, step right foot next to left foot turning ¼ left to face partner.

Man releases his right hand on count 7 and takes lady's left hand with his right hand on count 9. Couple ends in open position with a double handhold

## **BRING LADY INTO A WRAP**

&10-11-12 **LADY:** Rock back right foot, replace left foot, step forward right foot, turn ½ to the left between counts 11 and 12, step back left foot

MAN: Rock back left foot, replace right foot, step left foot in place, step right foot in place.

Man raises his left arm without letting go of either hand and leads an inside turn. Couple ends in a Wrap Position

### UNWRAP THE LADY

&13-14-15 **LADY:** Rock back right foot, replace left foot, step forward right foot, turn ½ turn to the right between counts 14 and 15, step back left foot

MAN: Rock back left foot, replace right foot, step left foot in place, step right foot in place. Man raises left arm without releasing hands and lady turns back under. Couple ends in a double open handhold

### **OPEN TURNING BASIC WITH ¼ TURN X4**

&16-17-18 **LADY:** Rock back right foot, replace left foot, step forward right foot turning ¼ right, step back left foot

**MAN:** Rock back left foot, replace right foot, step forward left foot turning ¼ right, step back right foot.

### Couple extends arms out to sides going into count 17 and brings arms back in after count 17

### &19-27 BOTH: Repeat &16-18 three times

### SIDE PASS (WITH A MAN'S WRAP AND BELLY SLIDE)

&28-29-30 **LADY:** Rock back right foot, replace left foot, step forward right foot, turn ½ to the right between counts 29 and 30, step back left foot

**MAN:** Rock back left foot, replace right foot, step forward left foot turning ½ left, step right foot to right turning ¼ left.

## Man drops his right hand on count 28. Man drops his left hand on the turn and lady slides her right hand around the man's belt loops. Man takes lady's right hand with his right hand after the turn

### CHANGE HAND SIDE PASS

&31-32-33 **LADY:** Rock back right foot, replace left foot, walk forward right foot, turn ½ to the right between counts 32 and 33, step back left foot

**MAN:** Rock diagonally back left with left foot, step right foot crossing in front, step forward left foot turning ¼ left, step right foot to right turning ¼ left.

### Man transfers lady's right hand from his right to his left while the lady is behind his back

### UNDERARM TURN LEFT

&34-35-36 LADY: Rock back right foot, replace left foot, walk forward right foot, turn ½ to the left between counts 35 and 36, step back left foot
MAN: Rock diagonally back left with left foot, step right foot crossing in front, step forward left

**MAN:** Rock diagonally back left with left foot, step right foot crossing in front, step forward left foot to left of lady turning ¼ right, step right foot crossing behind turning ¼ right.

### Lady turns under man's left arm. On count 36, man takes lady's left hand with his right

### **OPEN TURNING BASIC WITH ½ TURN TWICE**

&37-38-39 LADY: Rock back right foot, replace left foot, step forward on the ball of right foot to left of man turning ½ to the right, step back left foot
MAN: Rock back left foot, replace right foot, step forward on the ball of left foot to left of lady turning ½ to the right, step back right foot.

### Couple extends arms out to sides going into count 38 and brings arms in after count 38

&40-41-42 BOTH: Repeat steps &37, 38, 39

### **UNDERARM PASS**

**&43-44-45 LADY:** Rock back right foot, replace left foot, step forward right foot, turn ½ to the right between counts 44 and 45, step back left foot

**MAN:** Rock back left foot, replace right foot, step forward left foot turning <sup>1</sup>/<sub>4</sub> left, step right foot to right turning <sup>1</sup>/<sub>4</sub> left.

Man raises his right arm and turns underneath it without letting go. Man releases his left hand during the turn and lady slides her right hand around man's belt loops. Man takes lady's right hand with his left at the end of the turn finishing in a double open handhold

### UNDERARM TURN LEFT WITH BELLY SLIDE ENDING IN PROMENADE

&46-47-48 **LADY:** Rock back right foot, replace left foot, walk forward right foot, turn ½ to the left between counts 47 and 48, step back left foot

**MAN:** Rock back left foot, replace right foot, step forward left foot turning 1/4 right, step right foot in place.

Lady turns under man's left arm. As lady turns, man releases his right hand and slides it around lady's waist and onto the lady's back. Lady has the option of lifting her left arm on the turn and placing her hand on the man's shoulder or she may keep her left arm down and place her hand on the man's back. Couple is back in the starting position.

### REPEAT

I would like to thank everyone who helped me put this dance together. This dance would not have been possible without the help of several dance instructors, partners, other students, people on the Internet including the usenet group rec.arts.dance, and a few close friends. Some of Skippy Blair's writings inspired