

Bitter Sweet

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Lesley Clark (SCO) & Lynn Mackenzie (UK)
音樂: Shake the Sugar Tree - Pam Tillis



1-2	Cross left over right, step right
3&4	Left behind right, step right, left in front of right
5-6	Rock to right, recover
7&8	Cross shuffle to left
9-10	¼ turn right stepping back on left, ¼ turn right
11&12	Cross left in front of right, step right, left behind right
13-14	Rock out to right, recover
15&16	Cross shuffle to left
17-18	Rock out to left, recover
19&20	Sailor ¼ turn left
21-22	Step forward right, pivot ½ turn left
23&24	½ turn shuffle on a right left, right
25&26	½ turn shuffle on a left, right, left
27-28	Rock forward onto right, recover
29&30	Right lock step back
31&32	½ turn shuffle on a left, right, left
33&34	½ turn shuffle on a right, left, right
35-36	Rock back on left, recover
37&38	Step forward left, ¼ turn right cross left over right
39&40	Rock out to right, recover, ½ turn right stepping onto right
41-42	Rock out to left, recover
43&44	Cross shuffle to the right
45	Step to the right
46&47	Left behind right, step right, left in front of right
48	Step to the right
49	Step to the left
50&51	Right behind left, step left, right in front of left
52	Step to the left
53&54	Cross shuffle to the left
55-56	Rock out to left, recover

REPEAT
