

Bit Of Irish

拍數: 32 牆數: 2 級數: Beginner
編舞者: Rita Masur (CAN)
音樂: Dance Above the Rainbow - Ronan Hardiman



TOE, TOE, HEEL, STEP

1-2 Right toe forward, cross-touch right toe over left foot
3 Right heel forward
&4 Right foot step in place, touch left toe beside right foot

TOE, TOE, HEEL, STEP

1-2 Left toe forward, cross-touch left toe over right foot
3 Left heel forward
&4 Left foot step in place, touch right toe beside left foot

TOE, TOE, HEEL, STEP

1-2 Right toe forward, cross-touch right toe over left foot
3 Right heel forward
&4 Right foot step in place, touch left toe beside right foot

TOE, TOE, HEEL, STEP

1-2 Left toe forward, cross-touch left toe over right foot
3 Left heel forward
&4 Left foot step in place, touch right toe beside left foot

FORWARD LOCK, FORWARD LOCK, FORWARD; ROCK FORWARD, COASTER STEP

1-2 Right foot step forward, left foot lock behind right foot
3&4 Right foot step forward, lock left foot behind right foot, right foot step forward
5-6 Left foot rock forward, recover on right foot
7&8 Left coaster step back

PIVOT ½ TURN LEFT, FORWARD LOCK FORWARD; ROCK FORWARD, COASTER STEP

1-2 Right foot step forward, pivot ½ turn left
3&4 Right foot forward, left foot lock behind right foot, right foot step forward
5-6 Left foot rock forward, recover on right foot
7&8 Left coaster step back

REPEAT

Optional styling: use arm and foot styling of an Irish step dancer
