

Bird On A Wire

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Intermediate
編舞者: William Sevone (UK) - August 2005
音樂: Bird on a wire (feat. Bella) - Jimmy Barnes & Troy Cassar-Daley : (CD: Double Happiness)



Choreographers note:- A number of the turns within this dance are quite tight, therefore a high degree of fluidity is required to achieve the 'softness' required.

Revised August 3rd 2005

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the vocals 'Like a fish on the hook' with feet together and weight on the left.

Sec 1: □□2x Cross Rock-Recover-Side. 1/4 L Fwd. Pivot 1/2 L. 1/4 L Side (12:00)

- 1 – 3 Cross right over left. Step onto left. Step right to right side.
- 4 – 6 Cross left over right. Step onto right. Step left to left side.
- 7 – 9 Turn ¼ left & step forward onto right (9). Pivot ½ left (3). Turn ¼ left & step right to right side (12).

Sec 2: □□2x Slow Sailor Step. Behind. 3/4 L. Fwd (3:00).

- 10 – 12 Cross left behind right. Step right next to left. Step left to left side.
- 13 – 15 Cross right behind left. Step left next to right. Step right to right side.
- 16 – 18 Cross left behind right. Turn ¾ left on ball on left. Step forward onto right (3).

Sec 3: □□1/2 L Slow Coaster. 1/4 R Slow Coaster. Weave (12:00).

- 19 – 21 Step forward onto left. Step right next to right. Turn ½ left & step forward onto left (9).
- 22 – 24 Step forward onto right. Step left next to right. Turn ¼ right & step right to right side (12).
- 25 – 27 Cross left over right. Step right to right side. Cross left behind right.

Sec 4: □□3x Sway. 1/4 L Slow Coaster. 1/4 Side-3/4 Fwd-1/4 Side (6:00)

- 28 – 30 Step right and sway to right side. Sway onto left. Sway onto right.
- 31 – 33 Turn ¼ left & step backward onto left (9). Step right next to left. Step forward onto left.
- 34 – 36 Turn ¼ left & step right to right side (6). Turn ¾ left & step forward onto left (9). Turn ¼ left & step right to right side (6).

Sec 5: □□1/2 L Sway. 2x Sway. 1/4 L Side. Slow Sailor Step. Behind. 3/4 R. Fwd (12:00)

- 37 – 39 Turn ½ left & sway to left side (12). Sway onto right. Sway onto left.
- 40 – 42 Turn ¼ left & step forward onto right (9). Pivot ½ left (3). Turn ¼ left & step right to right side (12).
- 43 – 45 Cross left behind right. Step right next to left. Step left to left side.
- 46 – 48 Cross right behind left. Turn ¾ right (9). Step slightly forward onto left.

Other suggested music: Any medium tempo Waltz between 63 and 90 (conventional) Bpm's.

Last Update – 14th May 2015