

Binghamton Boogie

COPPER KNOB
STEPSHEETS

拍數: 54 牆數: 4 級數: Intermediate/Advanced
編舞者: Michael Diven (USA)
音樂: God Blessed Texas - Little Texas



FANS AND HEEL KICKS

1-2 Fan right toes out to right side, quickly kick right heel out to right side
3-4 Bring right heel back in, bring right toes back in
5-6 Fan left toes out to left side, quickly kick left heel out to left side
7-8 Bring left heel back in, bring left toes back in

RIGHT SHUFFLE FORWARD, ROCK, RECOVER, LEFT SHUFFLE BACK, ROCK, RECOVER

1&2 Step right foot forward, step left foot next to right, step right foot forward
3-4 Rock forward on left foot, step back on right foot
5&6 Step left foot back, step right foot next to left, step back on left
7-8 Rock back on left foot, step forward on left

STOMP, HOLD, STOMP, HOLD, BACK SCOOT WITH RIGHT KICK

1-2 Stomp right foot forward, hold
3-4 Stomp left foot forward, hold
5-8 Scoot backwards on left foot while kicking right foot forward (4 times)

RIGHT SHUFFLE FORWARD WITH A ROCK, STEP ½ TURN, STEP ½ TURN, STEP ½ TURN, KICK, STEP HOLD

1&2 Step forward on right foot, step left foot next to right, step forward on right foot
3-4 Rock forward on left foot, step back on right
5-8 Shuffle back with left foot turning ½ turn to the left, right, left, rock forward on right, shift weight back to left
9-13 Step back on right turning ½ turn right, step forward on left turning ½ turn right, step forward on left foot turning ½ turn right, kick right foot forward twice
14-16 Step back on right, hold for 2 counts

BODY ROLLS, QUARTER TURNS

1-4 Roll hips forward then back, twice
5-10 Step right foot forward, ¼ turn to the left, step right foot forward, ¼ turn to the left, step right foot forward, ¼ turn to the left
11-12 Step forward with right foot, kick left foot forward

CROSS STEP, PIVOT, MONTEREY TURN, TOUCH, STEP, STOMP

1 Cross left foot in front of right, touching toe on opposite side of the right foot
2 Pivot ½ turn to the right, unwinding legs (weight switches onto left foot)
3&4 Touch right toe out to right side, pivot ½ turn to the right, touch left toe out to left side
5-6 Step left foot next to right, stomp right foot next to left

REPEAT