The Billy Boogie

拍數: 48

級數: Improver

編舞者: Jan Brookfield (UK)

音樂: I Love To Boogie - Glam 2000

SIDE TOGETHER STEP TOUCHES, KICK FORWARD

- 1-4 Step right to side, close left to right, step right to side, touch left beside right
- 5-8 Step left to side, touch right to left, step right to side, kick left forward

TOE STRUTS BACK X 4

- 9-10 Strut back on left toe, then heel
- 11-12 Strut back on right toe, then heel
- 13-16 Repeat steps for 9-12

RAMBLE LEFT WITH TOE TOUCHES. SHIMMY RIGHT WITH QUARTER MONTEREY TURN

- 17-20 Ramble left over 4 counts, swiveling both heels, toes, heels, toes
- 21-22 Touch right toe forward, step on right in place
- 23-24 Touch left toe forward, step in left in place
- 25-28 Shimmy to right over 4 counts, stepping on right, close left to right (weight now on left)
- Point right toe to side, making quarter turn right, step on right in place 29-30
- 31-32 Point left toe to side, step on left in place

SAILOR STEPS TWICE

- 33-36 Step right behind left, step left to side, step right to side, hold
- 37-38 Step left behind right, step right to side, step left to side, hold

BOOGIE SWIVELS WITH HALF TURN TO RIGHT

- 41-42 Angling body slightly right, step on ball of right forward starting turn to right, leave ball of left touching floor & allow it to swivel to the right, pause
- 43-44 Angling body slightly left, step forward on ball of left leaving ball of right touching floor & allowing it to swivel to left, still continuing your turn to right, pause
- 45-48 Continue to turn swiveling and stepping on right, left, right, left without pauses until you have completed a half turn to right

REPEAT





牆數: 4