

The Billy Bad

拍數: 48 牆數: 4 級數: Improver
編舞者: Norma Jean Fuller (USA)
音樂: Billy B. Bad - George Jones



TOE AND HEEL SPLITS, ARMS DOWN WITH HANDS POINTED OUT, IN, OUT, IN

- 1 Toes out (arms down, hands pointed out)
- 2 Heels out (arms down, hands pointed inward)
- 3 Heels in (arms down, hands pointed out)
- 4 Toes center (arms down, hands pointed forward)

FAN RIGHT TOES TO RIGHT, HOLD, FAN RIGHT TOES TO CENTER, HOLD

- 5 Fan right toes to right
- Holding right arms out with hands pointed up, and left hands on waist.**
- 6 Hold
 - 7 Fan right toes to center, bringing arms down or on waist
 - 8 Hold

TOE AND HEEL SPLITS, ARM DOWN WITH HANDS POINTED OUT, IN, OUT, FORWARD

- 1 Fan toes out (arms down, hands pointed out)
- 2 Heels out (arms down, hands pointed inward)
- 3 Heels in (arms down, hands pointed out)
- 4 Toes center (arms down, hands pointed forward)

FAN LEFT TOES TO LEFT, HOLD, FAN LEFT TOES TO CENTER, HOLD

- 5 Fan left toes to left
- Holding left arms out, hands pointed up, right hands on waist.**
- 6 Hold
 - 7 Fan left toes to center, bringing arms down or on waist
 - 8 Hold

TOE STRUTS FORWARD

Left hands on waist, bending right elbow, pointing right forefinger up, shaking finger on each step.

- 1 Step forward onto ball of right foot
- 2 Lower right heel down to floor
- 3 Step forward onto ball of left foot
- 4 Lower left heel down to floor
- 5-8 Repeat steps 1-4

ROCK TO SIDE, STEP, ROCK BACK, STEP, ROCK BACK TO SIDE, STEP, TOGETHER, HOLD

- 1 Rock to right side on ball of right foot, while lifting left heel up (bring arms to left side while rocking to right)
- 2 Step down on left foot
- 3 Rock back on ball of right foot, lifting left heel up (bringing arms to right side while rocking back)
- 4 Step down on left foot
- 5-6 Repeat steps 1 and 2
- 7 Stomp right beside left
- 8 Hold or snap fingers

ROCK TO SIDE, STEP, ROCK BACK, STEP, ROCK TO SIDE, STEP, STOMP, HOLD

- 1 Rock to left side on ball of left foot, while lifting right heel up

- 2 Step down on right foot
- 3 Rock back on ball of left foot, while lifting right heel up
- 4 Step down on right foot
- 5 Rock to left side on ball of left foot, while lifting right heel up
- 6 Step down on right foot
- 7 Stomp left beside right
- 8 Hold or snap fingers

ROCK FORWARD, STEP, ROCK TO SIDE, STEP, CROSS RIGHT OVER LEFT TURN $\frac{3}{4}$ TURN LEFT, STOMP RIGHT, STOMP LEFT

- 1 Rock right over left, bringing arms out to right side, lifting left heel
- 2 Step down on left foot
- 3 Rock right to right, bringing arms out to left side, lifting left heel
- 4 Step down on left foot
- 5 Cross right over left
- 6 Turn $\frac{3}{4}$ turn left pivoting on left foot, keeping weight on left foot
- 7 Stomp right foot in place
- 8 Stomp left foot in place

REPEAT
