

Big Time

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nancy Morgan (USA)
音樂: Big Time - Peter Gabriel



CROSS-ROCK-TOGETHER, CROSS-ROCK-TOGETHER, KICK-BALL-CHANGE, ROLL KNEE ¼ TURN

1&2 Cross-rock right over left and back on left, put right next to left
3&4 Cross-rock left over right and back on right, put left next to right
5&6 Kick right foot forward, put right next to left as you lift left off ground, set left next to right
7-8 Roll right knee in a C-shape (towards left knee and out to right side) as you turn ¼ turn to your right (weight is on left)

KICK-STEP BACK-TOUCH BACK, KICK-STEP-TOGETHER, MOVE HEAD FROM RIGHT, CENTER LEFT, CENTER

1&2 Kick right foot slightly forward, step back on right, touch left toe back
3&4 Kick left foot slightly forward, step back on left, put left foot next to right (feet together weight even)
5-6 Swing head down towards neck and then out and up to right, swing head down towards neck, look straight up
7-8 Swing head down towards neck and then out and up to left, swing head down towards neck, look straight up

KICK-OUT-OUT-IN-IN AND DROP BACK, HOP FORWARD, DROP BACK, HOP FORWARD, DROP BACK

1&2&3 Kick right foot slightly forward, step right foot out to right side, step left foot out to left side, step right foot back to center, step left next to right (feet together)
&4 Drop back slightly by bending knees and leaning slightly back
&5&6 Hop forward (left-right), drop back slightly by bending knees and leaning slightly back
&7&8 Hop forward (left-right), drop back slightly by bending knees and leaning slightly back

WIGGLE SHOULDER AS YOU STAND STRAIGHT UP, HOLD, AND HEEL-TOGETHER-AND-HEEL TOGETHER HOP FORWARD

1&2 Drop left shoulder down, then right shoulder down, then left shoulder down and as stand up straight (shoulders go up and down as you are going forward into a standing position)
3 Hold
&4 Step back on right, put left heel forward
&5 Step left foot back, set right next to left
&6 Step back on left, put right heel forward
&7 Step right foot back, set left next to right
&8 Step forward on right, step left next to right

REPEAT