

Big Time

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數:
編舞者: Cathy Montgomery (CAN)
音樂: Big Time - Trace Adkins



SIDE SHUFFLE ROCK STEP, SIDE SHUFFLE ¼ TURN ROCK STEP

1&2 Side shuffle (right left right)
3-4 Rock back on left, return right
5&6 Side shuffle (left right left) with a ¼ turn right
7-8 Rock back on right, return left

MOVING FORWARD TOE STRUTS

1-8 Point right toe forward, step weight on right
 Point left toe forward, step weight onto left
 Point right toe forward, step weight onto right
 Point left toe forward, step weight onto left

RIGHT FORWARD SIDE SAILOR SHUFFLE, LEFT FORWARD SIDE SAILOR SHUFFLE

1-2 Touch right toe forward, side
3&4 Right sailor shuffle (right left right)
5-6 Touch left toe forward, side
7&8 Left sailor shuffle (left right left)

TRAVELING HEEL GRINDS LEFT WITH RIGHT COASTER STEP

1-6 With weight on left foot step right over left and grind heel
 Step weight onto left, step right over left and grind heel
 Step weight onto left, step right over left and grind heel
7&8 Right coaster step back (right left right)

TRAVELING HEEL GRINDS RIGHT WITH LEFT COASTER STEP

1-6 With weight on right foot step left over right and grind heel
 Step weight onto right, step left over right and grind heel
 Step weight onto right, step left over right and grind heel
7&8 Left coaster step back (left right left)

The next 16 steps are done in moving forward motion)

POINT RIGHT HOLD, LEFT HOLD, RIGHT, LEFT, RIGHT HOLD

1-8 Point right toe to right side and hold
 Switch and point left toe to left side and hold
 Switch and point right, switch and point left
 Switch and point right toe to right side and hold

POINT LEFT HOLD, RIGHT HOLD, LEFT, RIGHT, LEFT HOLD

1-8 Point left toe to left side and hold
 Switch and point right toe to side and hold
 Switch and point left, switch and point right
 Switch and point left toe to left side and hold

2 CROSS LEFT CROSS BOXES

1-4 Step left foot over right, step back on right
 Step side left, step right foot slightly forward
5-8 Step left foot over right, step back on right

Step side left, and touch right home

REPEAT
