

# Big Mon

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Maureen Jones (UK) & Michelle Jones (UK)  
音樂: Big Mon - Ricky Skaggs



---

## HEEL, TOE, TRAVELING SYNCOPATED STOMPS, SCUFF, MODIFIED SYNCOPATED JAZZ BOX

1&2&      Touch left heel forward, step left beside right, touch right toe back, step right beside left  
3&4      Stomp left forward, step right behind left heel, stomp left forward  
5-6      Scuff right across left, step right across left  
7&8      Step left back, step right to right, step left across right

## ½ TURN WITH TWO SIDE KICKS, TRAVELING SYNCOPATED STOMPS, SCUFF, MODIFIED SYNCOPATED JAZZ BOX

&9&10&      On ball of left make ½ turn left while kicking right out to right side twice (kicks are made on counts 9 (right leg kicks sideways towards 1:00) and 10 (right leg kicks sideways towards 10 o' clock))  
11&12      Stomp right forward, step left behind right heel, stomp right forward  
13-14      Scuff left across right, step left across right  
15&16      Step right back, step left to left, step right across left

## SIDEWAYS TRAVELING HEEL-BALL-STEPS, POINT, BEHIND, UNWIND, SCUFF, STOMP

17&18      Touch left heel forward, step left to left, step right behind left  
19&20      Touch left heel forward, step left to left, step right across left  
21-22      Point left to left, touch left behind right  
23&24      Unwind ½ turn left (weight transfers to left), scuff right forward, stomp right forward

## FORWARD TRAVELING SAILORS, HEEL SWITCHES WITH ¼ TURN, STEP, PIGEON TOES

25&26      Step left behind right, step right forward, step left forward  
27&28      Step right behind left, step left forward, step right forward  
29&30&      Touch left heel forward, making 1/8th turn left step left beside right, touch right heel forward, making 1/8th turn left step right beside left  
31&32      Step left beside right, twist both heels out, twist both heels to center

**REPEAT**

---