

Big Jive

拍數: 40 牆數: 4 級數: Beginner
編舞者: Levi J. Hubbard (USA)
音樂: That's What I Like (Twist Mix) - Jive Bunny and the Mastermixers



(RIGHT) SIDE TOE TOUCHES, SWIVEL (RIGHT)

- 1-2 Touch right foot toe out to side, touch right foot together
- 3-4 Touch right toe out to side, step right foot together
- 5-6 Turn heels right, turn toes right
- 7-8 Turn heels right, turn toes to center

Traveling Applejacks can be done in place of swivels

(LEFT) SIDE TOE TOUCHES, SWIVEL (LEFT)

- 9-10 Touch left toe out to side, touch left foot together
- 11-12 Touch left toe out to side, step left foot together
- 13-16 Turn heels left, turn toes left, turn heels left, turn toes to center

Traveling Applejacks can be done in place of swivels

(RIGHT), HOLD, (LEFT), HOLD, TWIST IT!

- 17-20 Turn heels right, hold, turn heels left, hold
- 21-24 Turn heels right, left, right, left

TOE-HEEL STYLE JAZZ BOX

- 25-26 Cross touch right toe in front of left, step right heel to floor
- 27-28 Touch left toe slightly back, step left heel to floor
- 29-30 Touch right toe out to side, step right heel to floor
- 31-32 Touch left toe together, step left heel down

TOE-HEEL STYLE ¼ TURNING JAZZ BOX (RIGHT)

- 33-34 Cross touch right toe in front of left, step right heel to floor
- 35-36 Touch left toe slightly back, step left heel to floor
- 37 Turning ¼ turn right, touch right toe forward
- 38 Step right heel to floor
- 39-40 Touch left toe next to right, step left heel to floor

REPEAT

For complete beginners you can make this a one wall dance by taking out the ¼ turn in count 37

For the more advanced dancers

TRAVELING APPLE JACKS

- 5 Take weight on left toe and right heel, swivel left heel and right toe to right
- 6 Take weight on right toe and left heel, swivel right heel and left toe to right
- 7 Take weight on left toe and right heel, swivel left heel and right toe to right
- 8 Bring both feet to center

TRAVELING APPLE JACKS

- 13 Take weight on right toe and left heel, swivel right heel and left toe to left
- 14 Take weight on left toe and right heel, swivel left heel and right toe to left
- 15 Take weight on right toe and left heel, swivel right heel and left toe to left
- 16 Bring both feet to center (weight ends on left)