

# Big Girls Boogie

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Mavis Broom (UK)  
音樂: Big Girl (You Are Beautiful) - MIKA



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## WALK TWICE, KICK-BALL CHANGE, WALK TWICE STEP ½ TURN LEFT

1-2      Walk forward right, left  
3&4      Kick right forward, step ball of right beside left, step left in place  
5-6      Walk forward right, left  
7-8      Step forward right, ½ turn left

## WALK TWICE, KICK-BALL CHANGE, WALK TWICE, ½ TURN LEFT

1-8      Repeat steps as above

## HIP BUMPS FORWARD TWICE, HIP BUMPS BACK TWICE, HIP ROLL TWICE

1-2      Small step on to right, bump hips forward twice  
3-4      Bump hips back twice  
5-8      Roll hips to the right twice, (as if you had a hula hoop). Weight ends on left

## STEP, POINT TWICE, SAILOR STEP, SAILOR ¼ TURN

1-2      Step right over left, (dip right knee) point left to left (optional shimmy)  
3-4      Step left over right, (dip left knee) point right to right (optional shimmy)  
5&6      Step right behind left, step left to left, step right in place  
7&8      Turn ¼ left stepping left behind right, step right in place, step left next to right

**REPEAT**

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